



## Out and About Challenge 5



Discover the art of Hapa Zome ('leaf dye'), the Japanese art of leaf bashing the pigment out of leaves or petals.



It's great fun and all you'll need is some white fabric (this could be a bit of calico, an old pillow case or shirt that has a stain on it etc), leaves and a hammer, mallet or large stone.

Look for some green leaves, petals or fern (as brown or dried leaves don't work).

Lay the leaves onto half of your fabric then fold over the other half so your leaves are inside. Hammer on top. When you open it out you should have your own leaf print!



You could design a pattern or even cut out your print and glue it onto card to give to someone.



You may of already had a go at 'leaf bashing' when Out and About or on the Patch so you'll know what to do.



Let me know how you get on and email your photos to me at [rjohnson@queensgateprimary.co.uk](mailto:rjohnson@queensgateprimary.co.uk) to be in the chance to win a little Out and About prize! You could take part in the challenge on your own or as a family. Make sure you include your names and classes.