Beatrice Avenue, East Cowes, IOW, PO32 6PA. Tel 292872 queensgateprimary.co.uk



Friday 9th June 2023

Issue 33







## We are Recruiting for September!

Dear Families,

We are looking for people to join our team in September. Here is the advert we are running at the moment. I am very happy to meet with you and chat through these opportunities to help you decide whether to apply.

#### Assessments

Year 4 have completed their multiplication checks this week.

Year 1 will be doing their phonics screen next week.

There will be other assessments going on throughout the school.

# Year 6 School Journey

From what I have heard Year 6 are enjoying their Residential Trip. More about this next week.



# Queensgate Foundation Primary School



Queensgate Foundation Primary School is a thriving two-form entry primary school in East Cowes. The school has had three consecutive "Good" Ofsted inspections since opening.

We are so excited to announce an expansion to our staff with a variety of roles on offer!
This is your opportunity to join our team and help make a difference to our children's lives.

Grow your career – Grow yourself

We are looking for an

- Early Years Teaching Assistant 30 hours per week Scale point 5 Actual salary £15,101.38 (Pay Award pending)
- 1:1 Teaching Assistant 30 hours per week Scale Point 5 Actual salary £15,101.38 (Pay Award pending)

Feel you have something to offer but it's not the above? Contact us and talk through your ideas – we are willing to listen to what you can offer

We are looking for someone who:

- who has a belief that all children can succeed
- is reliable with a track record of excellent attendance
- has a child centred ethos
- has the ability to build great relationships
- is self-motivated and able to use own initiative

#### We can offer:

- > a very supportive, cheerful and positive staff team
- > a leadership team, which keeps children at the heart of their decision making
- wonderful children!
- > support with CPD opportunities to help you grow and become the person you dreamed of

Sound like you? We can't wait to meet you!

You are warmly welcome to visit the school. Please phone us on 01983 292872 to visit the school and meet the Headteacher, Mrs. Sillito

To apply please check the Vacancies section on our school website: <a href="https://www.queensgateprimary.co.uk">www.queensgateprimary.co.uk</a> and send your application to: <a href="mailto:admin@queensgateprimary.co.uk">admin@queensgateprimary.co.uk</a>

Closing date: Monday 26<sup>th</sup> June 2023 – 12 noon Interview date: Wednesday 5<sup>th</sup> July 2023

The school is committed to safeguarding and promoting the welfare of our children. The successful applicant will require an enhanced DBS clearance.

The school is committed to equal opportunities.

**Working Together for a Successful Future** 

#### Car Park

I have had to write on several occasions about the car park at the end of the day. There are too many cars that have not been granted permission to access the car park who are coming in (blue badge holders are welcome). I am reluctant to either close the car park completely or have someone man the gate, as I would prefer my staff members to be helping children learn - however, this may need to be implemented if the current situation continues (to avoid a nasty accident). My Year 3 and 4 teachers who are outside have reported 'chaotic' scenes and that lots of people (parents and children) are walking across the car park. Please ensure that you stick to the main path and do not walk across the car park. Please remember to be considerate of others by not allowing your child to ride their scooters and bikes on the school site. Thank you for your understanding and support in this matter.



#### **School Council Meeting**

At the last school council meeting it was asked that the following could be shared in the newsletter:

- Can children and adults be reminded that breaktime snacks should be fruit and vegetables only. Lots of variations and unhealthy snacks are coming in.
- Some parents, when waiting for their children, are blocking children's scooters and bikes please can parents be mindful of where they are waiting. Many thanks

#### Play Equipment at back of the school

I am sorry that this has turned into a bit of a moaning page, but please can I remind parents that children should not access the play equipment at the start or end of the day. They should always be supervised and the school will accept no responsibility for any accidents sustained as we have asked for the equipment not to be accessed.

#### Hot weather

With the recent good weather, we have noticed several children in school that sustained sun burn over the holidays. Please ensure that your child has appropriate sun block, a hat and where necessary appropriate clothing to avoid sun burn. Sun cream needs to be applied before coming to school. Your child may bring extra into school but will need to apply this themselves. Their bottle must be named.



#### **Out & About**

On Tuesday morning our **RSD** Out and About group visited Bembridge lifeboat station. As part of their topic on the seaside, the children learnt about how to keep safe at the beach and the role of the RNLI. The children listened carefully to Deborah (one of the RNLI volunteers), share a story about what you need to take with you to the beach and what to do if you need help. The children practised laying like stars, pretending to float on their backs and shouting for help. They saw the big offshore Tamar lifeboat in the boathouse at the end of the walkway and found out about how the lifeboat crew rescue people at sea. A huge thank to the parents who sent in donations to the RNLI, they were very gratefully received.







The children in **Year 5** continue their learning about Space in Science, this half term. The Out and About group walked from the Needles car park up to the New Battery and High Down rocket testing site on Tuesday afternoon. The group all demonstrated great enthusiasm and stamina, walking against the clock. They learnt about the important role the Isle of Wight had in the manufacture (at Saunders Roe, East Cowes) and testing of the Black Knight and Black Arrow satellite carrier rockets during the 1950s-1970s.



#### **Out and About Continued**

The 4MC Out and About team took on the challenge of walking from Freshwater Bay to the Tennyson monument on Wednesday morning. They learnt about influential Victorians, Julia Margaret Cameron (one of the most important portrait photographers of the 19th century) and Alfred Lord Tennyson (poet laureate) that both lived and worked in Freshwater during Queen Victoria's reign. The children were absolutely amazing and walked the steep 4.5km walk in under an hour. It was beautiful weather and a delight to see the children in awe of the beautiful views throughout the walk.







The Year 6 children, that didn't attend the residential, have had a fun few days of activities this week including a morning at Appley beach on Wednesday followed by a fun swim session at the Waterside Pool!

#### Out and About after half term...

Please wear play clothes and trainers/ comfortable shoes. Bring a sun hat and apply sun cream before school.

#### Tuesday 13th June am RSD

Bembridge Lifeboat Station

\*Please bring a small donation/ lose change in an envelope if you would like to make a donation to RNI.

Sadie, Alfred, Elsie-Mae, Luke, Elijah, Jasper, Freya, Frederick, Ace, Imogen, Wyatt, Olivia, Archie and Penny.

#### Tuesday 13th June pm Year 5

High Down Rocket Testing Site

\*Parents please note we are likely to return back to school late (approx 3:20pm).

Archie, Freddie, Robert, Isabella, Aribella, Keira, Tommy, Chloe St, Sadie, Toby B, Jude D, Felicity, Sienna, Jack and Sophie.

#### Wednesday 14th June am Year 4

Tennyson Down

Connor, Eliana, Matthew, Abigail D, Florence, Emily H, Tyson, Elsie-May, Sophia-Leigh, Jack P, Leon, Liam, Archie, Léon and Adriana.

#### Wednesday 14th June pm Year 6

Orienteering in the local area

Group to be confirmed - texts will go out on Tuesday.

#### **Attendance**

Whole School Attendance since September is 93.63%

Whole School Attendance this week is 94.31%

KS1 Class with best attendance this week is RSD with 97.22%

KS2 Class with best attendance this week is 5RA with 98.52%



10 days of absence during the school year causes your child's attendance to drop to 95% 20 days of absence during the school year causes your child's attendance to drop to 90% 40 days of absence during the school year causes your child's attendance to drop to 80% If your child's attendance falls below 90% they are classed as persistently absent



# What's for dinner next week?

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)



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Monday	Tuesday	Wednesday	Thursday	Friday	
Cheese and Tomato Pizza Served with Potato Wedges	Chinese Chicken and Vegetable Rice Served with Two Vegetables	Roast Gammon Served with Roast Potatoes, Gravy and Two Vegetables	Beef Lasagne Served with Garlic and Herb Bread and two Vegetables	Breaded Fish Fingers Served with Chips and Two Vegetables	
Vegetable Pastry Roll Served with Potato Wedges	Macaroni Cheese Served with Two Vegetables	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Vegetable Lasagne Served with Garlic and Herb Bread and two Vegetables	Vegetarian Dippers Served with Chips and Two Vegetables	
Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	
Oat Chocolate Cookie with Fruit	Orange Jelly	Chocolate and Banana Marble Cake	Flapjack with Fruit	Strawberry Ice Cream	



### Dragonfly: Impact Education



### Did you know?

Low mood or depression doesn't only affect our behaviour, it affects our thoughts too. This can then create a vicious cycle as our depressive thoughts perpetuate and even worsen our low mood. It can be common to accept negative thoughts about ourselves or the world as facts. Thoughts such as 'I'm lazy'/'I'm useless'/'the world is an awful place' are common, but healthy people are able to dismiss them. People with depression often get stuck in these thoughts.



### Notice ABC

A - What happens B - Your Thoughts C - Your feelings People usually notice A: what happens and C: how they feel about it.

For example, A: They miss a deadline; C: They feel upset and embarrassed. They don't normally notice B: what they think. In this example B: 'I'm useless and incompetent and now everyone will know. When you take B into account C makes much more sense! Not noticing 'B' gives the impression that your feelings are created by things that happen to you or around you and are therefore out of your control. In reality our feelings are created by our thoughts.

### Balance Thoughts

Try to form a habit of balancing every negative thought out with an evidence-based positive one. For example if you think 'I'm lazy' you might balance it out with 'I've done 5 tasks from my list today, it's natural to need a rest'.

Some people find it helpful to to write a list of these thoughts in a table to make this a visual exercise and take the thoughts 'out of the head'. Seeing a negative thought in black and white can highlight its irrationality.

Try saying the balancing thoughts out loud and see if it makes a difference to your feelings or mood.



### Challenge Beliefs

Persistent negative thoughts are often the result of underlying core beliefs. Sometimes people have very critical views of themselves ('I'm not clever'; 'I'm not loveable') that are often the product of past experience and bear no resemblance to reality. The negative thoughts that come from these beliefs are often the most upsetting. If you hold a negative belief about yourself, look for evidence that disproves it. You could also think about what you would say to a friend who held that belief and apply that to yourself. Writing things down can be a useful part of this process. Working with a counsellor is often key when challenging deeply rooted beliefs that don't support you in life.

www.dragonflyimpact.co.uk @dragonflyimpact 😱 😭 🔞 www.dragonflyimpact.com/how-we-can-help Email: info@dragonflyimpact.co.uk



Islands in the Stream: Senior Mental Health Leads in Schools



#### Take up for SIMS lite

If you haven't done so already can you please sign up to Sims lite by accepting the invitation that has been sent to you. All updates to SIMs including important contact information will only be made using this system. Thank you

~	Parents	~
Total Users	548	
Invitations Sent	436	
Invitations Accepted	221	
Invitations Expired	0	



#### Year 5 and 6 Tuckshop

The tuckshop today for Years 3 and 4 was a great success. Next Friday (16th June) Years 5 and 6 get to buy some crumpets, toast etc for 50p. All money raised will go towards Dance Live to help with production costs, costumes, travel and other associated costs. Thank you for your support.

#### **Mighty Men Shop**

The PTFA ran their Mighty Men Shop today and would like to say a big thank you to all parents who supported this and for those parents that helped out wrapping the presents and helping with the shop today.

#### And finally...

There have been two Yellow weather warnings issued for this weekend - one for extreme heat and one for thunderstorms on Saturday. Please take extra precautions.

Best wishes,

Samantha Sillito

Headteacher

**Upcoming Summer Dates for your Diary** 

Monday 12th June - Start of Year 1 Phonics Check week, Year 4 trip to Osborne House

Tuesday 13th June - 3pm to 4pm Dance Live Stage Team only

**Thursday 15th June** - Queensgate Open Morning for new Reception parents, Year 6 Area Athletics at Lanes End, 3pm to 4pm Dance Live Costume Team and Performance Team,

Friday 16th June - 3pm to 4pm Dance Live Fundraising Team and Performance Team in hall

Monday 19th June - INSET Day - school closed

**Tuesday 20th June** - PCSO Katie Berry in to talk to Year 5 and 6, 3pm to 4pm Dance Live Stage Team only

Wednesday 21st June - Mrs Dye - Home visits 1

**Thursday 22nd June** - Reception at The Patch, 3pm to 4pm Dance Live Costume Team and Performance Team

**Friday 23rd June** - Reception Patch Party with Seashells, 3pm to 4pm Dance Live Fundraising Team and Performance Team

Monday 26th June - 12 noon closing date for applications for Teaching Assistant positions

Tuesday 27th June - Year 5 trip to The Boat Museum

Wednesday 28th June - Preschool visit to Queensgate Day 1, Transition 1 for Reception to Year 1

**Thursday 29th June** - Mrs Dye home visit 2, Year 6 production to school (1.15pm) and parents (6pm)

**Friday 30th June** - Class Group, Teams and Year 6 Leavers photos, Preschool visit to Queensgate Day 2, Year 3 / 4 PEACH Games, 1.15pm Year 6 Production to parents

Monday 3rd July - School Council Meeting

**Tuesday 4th July** - Secondary School transition day, move up morning Queensgate, 3pm to 4pm Dance Live Stage Team only

**Wednesday 5th July** - Interview day for Teaching Assistant positions, Transition 2 for Reception to Year 1, Showcase Evening (Open school) 5.15pm to 6.15pm

**Thursday 6th July** - Mrs Heng home visits 1, 3pm to 4pm Dance Live Costume Team and Performance Team

**Friday 7th July** - Mrs Heng home visits 2, 3pm to 4pm Dance Live Fundraising Team and Performance Team, 3pm to 4.30pm Summer fair

**Tuesday 11th July** - Key Stage 1 Sports Day 9.15 - 12.00, Year 3 Roman Celebration in Hall, 3pm to 4pm Dance Live Stage Team only

**Wednesday 12th July** - Key Stage 2 Sports Day 9.15 - 12.00. Year 1 Parent & child phonic treasure hunt, 6pm PTFA Meeting at The Lifeboat

Thursday 13th July - 3pm Key Stage 1 Movie Night

Friday 14th July - Reports out to Parents, 3pm Key Stage 2 Movie Night

Monday 17th July - Whole school attendance assembly

**Tuesday 18th July** - Key Stage 2 reserve Sports Day, School Council celebration meeting, Reception trip to Southsea Aquarium, 3pm to 4pm Dance Live Stage Team and Performance Team

**Wednesday 19th July**—Key Stage 1 reserve Sports Day, Patch party fro Reception and Year 1 (Transition 3)

**Thursday 20th July** - Kezi's Kindness Assembly, Year 6 waterfight & BBQ, School Discos (3.15pm-3.45pm Reception, 4pm-5.15pm Year 1, 2 and 3, 5.30pm-6.45pm Year 4, 5 and 6)

Friday 21st July - Last Day of Term, Year 6 Leavers Assembly and clapping corridor





Free online courses for ALL parents, parents-to-be, carers, grandparents and teens living in Hampshire. Plus courses for professionals working with children.



# Solihull Approach

Welcome to Hampshire County Council's partnership with the Solihull Approach. These free online courses offer advice and practical tips to boost your confidence as a parent, help you navigate family life and strengthen your relationships. Whether you are a mum, dad, foster parent or grandparent, there is a course for you.

Developed by psychologists and professionals, they have been designed to help you understand your child's feelings, development and behaviour, as well as focus on your own feelings as you grow as a family.



Free parental courses from Hampshire. Please click <u>here</u> for more details.



