



## Help for your maths so you can help your children

Dear Parents and Carers,

### Multiply

#### Maths Project for Parents – Multiply

We are pleased to announce that we are working with Dee Swallow from Westridge Adult Community Learning, as part of the Multiply project. Dee is very experienced in delivering maths both in schools and to communities.

The aim of the project is to support parents with their maths skills to help them be better equipped to support their children. These sessions will initially be for parents and carers with children in Years 5 and 6 and the aim will be to improve your own maths skills to then enable you to support your children with the Standard Assessment Tests (SATs). At parents and carers evenings parents expressed their surprise at the level of difficulty of the maths being taught in Year 6. I think these workshops will be very beneficial for familiarising families with the standards.

The workshops start on **Friday 25<sup>th</sup> November at 9:15am until 10:15am**. There are ten spaces in the first instance. The workshops will run for six weeks. To book onto the workshops please phone the school office or email [enquiries@queensgateprimary.co.uk](mailto:enquiries@queensgateprimary.co.uk)

Please see the poster on Page 11.

#### Remembrance



This week our assemblies have focused on the theme Remembrance.

On Thursday 10<sup>th</sup> November I was lucky enough to attend a Remembrance service at Carisbrooke Castle with Years 4, 5 and 6 School Council Reps. It was a beautiful service. Here is a photo of the School Council Reps by the donkey stables.

Today, the 11<sup>th</sup> November at 11 am we held a one minute silence in school.

Thank you to everyone who sent money in for poppies.

Here is an article written by Toby B from Year 5.

Our School Council Reps attended Carisbrooke Castle for the Field of Remembrance service. The Minister said a few of his own words before beginning the official service. We said prayers to keep us safe as long as we live. We held a two minutes silence and Leo and Rose placed crosses in the ground as a sign of respect for the veterans and military services. We finished the morning with squash and biscuits



## Out & About

The children in Year 2 will be learning about the history of flight this half term. On Tuesday morning the **2EC** Out and About group visited Bembridge Airport and the air traffic control office. The children were shown how the air traffic controllers communicate with aircraft using radio and radar tracking. They learnt about the two runways they have and how planes land based on wind speed and direction. The children had the opportunity to look at some real mono-planes in the hangar, finding out about the different parts of the planes, how a propeller works and how they are steered. They even had the chance to sit in the pilot's seat of a real 1950s aeroplane and learn about the controls.



On Tuesday afternoon our final **Year 3** group took part in a pre-history workshop at the Shipwreck and Maritime Museum in Arreton. The children are currently learning about the Stone Age and were able to find out about the Mesolithic boat building village that divers discovered at Bouldnor, Yarmouth. They were able to handle real Stone Age artefacts and hand-tools; measuring, weighing and studying them closely. The children looked at what maritime archaeologists wear and need to take with them when they go diving, as well as how they communicate under water with each other.



The **4BM** Out and About team enjoyed a tour of Nettlecombe Farm on Wednesday morning, to conclude the children's Geography work from last half term, about farming and land use. The farm has diversified, running holiday cottages to make their income and keeping rare breeds farm animals on their surrounding farmland. The children were amazingly confident, hand feeding the hens, goats, sheep, cows and donkeys. They especially liked meeting Oreo and Fern, two sheep that just love to be cuddled!

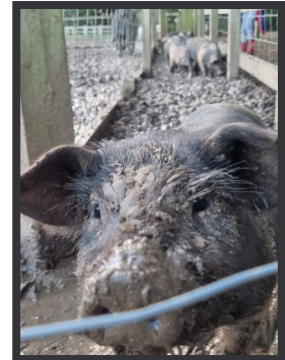




Our Year 1 children have just begun their topic on Toys. The **1CE** Out and About team were given a special challenge on Wednesday afternoon, to find a lost toy at Puckpool! The children did very well at using their phonic knowledge to read clues and follow a trail around the old barracks and play park. They all had fun together in the park and enjoyed listening to stories after finding the lost toy.



**The Out and About After School Club** went to Quarr Abbey on Wednesday. The children got to feed the piglets and had a hot chocolate in the relaxing grounds of Quarr.



#### Out and About next week...

Please ensure your child is wearing warm, old play clothes (nothing new or special), waterproof coat (pack waterproof trousers too if they have some) and wellies/ walking boots/ old trainers in a named bag.

Tuesday 15th November am - 2EC

Bembridge

Tylan, Oliver, Henley, Ralph, Ayrtan, Amber-Rose, Peyton, Kamahlie, Jack, George, Danielle and Darcie.

Tuesday 15th November pm - Y3

Osborne

All of Year 3 have been invited to plant bulbs at Osborne House on Tuesday afternoon. Children should wear school uniform but bring wellies and a waterproof coat in a named bag.

Wednesday 16th November am - 4BM

Yaverland

Connor, Eliana, Matthew, Abigail, Florence, Emily H, Tyson, Elsie-May, Sophia-Leigh, Jack, Leon, Liam, Archie, Léon and Alfie.

Wednesday 16th November pm - 1CE

Puckpool

Lacey, Forest, Lorenzo, Lexi, Seb, Pippa, Brody, Eli, Charlie, Paisley, Ella-Rose, Clara, AJ, Kendall and Henry.



## Year 4 Cartouche Egyptian Museum

This week Year 4's had the opportunity of working in the dining hall in an Egyptian Workshop.

Here are some photos of the afternoon.



Working together for a successful future



- 1) We drew our name in Cartouche
- 2) We then painted around the outside of our Cartouche
- 3) We painted the inside of our Cartouche - I coloured mine orange
- 4) We outlined our Cartouche in black paint
- 5) Finally, we painted our ropes and white dots.

The rope effect—it kept out good and bad spirits.

It was really fun. Chris told us what to do step by step. My favourite part was dotting my Cartouche! By Hayley Smith 4MC.



Yesterday, we wrote our names on a Cartouche in hieroglyphics. First we wrote our names in pencil, then painted all over the front. I used gold, green, orange and white paint. Zachary S 4BM



On Thursday 10th November, our class had an Egyptian workshop. We sat down and in front of us were small pieces of wood called Cartouches. Beside the Cartouches were pieces of paper with the Egyptian alphabet on. We were told, by Chris, that we were going to write our names in hieroglyphs. First we did the outline in pencil then we coloured it with paint. Then we painted the background. When we had done that Chris showed us a ring around the inside of the cartouche which represented a rope, this let all of the spirits out when the Egyptians were dead. Finally, when that was done we used the other end of the paint brush to do something called 'snow tracking'. Maya G 4BM





# What's for dinner next week?

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)



| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| Pesto Pasta Bake<br>Served with Two<br>Vegetables  | Chinese Chicken<br>Noodles Served with<br>Two Vegetables | Roast Pork served<br>with Roast Potatoes,<br>Two Vegetables and<br>Gravy | Beef Bolognese<br>Served with<br>Wholemeal Pasta<br>and Two Vegetables | Fish Fingers Served<br>with Chips and Two<br>Vegetables |
| Vegetable Chilli<br>Served with<br>Wholegrain Rice | Vegetable Korma<br>Served with<br>Wholemeal Rice         | Vegetable Pastry<br>Roll Served with Two<br>Vegetables and<br>Gravy      | Vegetarian Cottage<br>Pie Served with Two<br>Vegetables and<br>Gravy   | Tomato Veggie<br>Burger Served with<br>Chips            |
| Jacket Potatoes or<br>Tomato Pasta                 | Jacket Potatoes or<br>Tomato Pasta                       | Jacket Potatoes or<br>Tomato Pasta                                       | Jacket Potatoes or<br>Tomato Pasta                                     | Jacket Potatoes or<br>Tomato Pasta                      |
| Fruity Flapjack Bar                                | Strawberry Ice<br>Cream                                  | Jelly with Fruit Slices  | Chocolate Slice  | Crispy Crackle Bar                                      |

Please note that all meals are subject to change due to availability of produce.

**Please note that lunches now costs £2.37 each.**

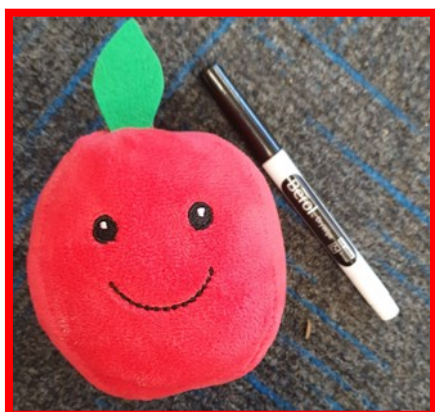
**French at Queensgate**

## Coco La pomme

Bonjour!

Je m'appelle Coco et je suis une pomme.

Each week I will share with you a French word



**Le stylo** (Luh stee-low)

**Prenez un stylo!**  
Get a pen!

**Un stylo noir**  
A black pen



## Healthier lunchbox recipes

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

Whether squeezing it in before the school run in the morning or before bed on busy midweek evenings, preparing your child's lunchbox can seem like just another thing on the list.

School meals are a great choice, but if you do make a packed lunch for your child then we've got you covered with our range of quick, easy, healthier lunchbox ideas and tips.

Please remember that all Reception and Key Stage 1 children (year one and two) are entitled to a free school meal regardless of your situation.

As a school we have a duty of care so lunch time staff will comment on a child's lunch box contents if the lunch is not appropriate.

Thank you for your support.

### Lunchbox tips



#### Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.



#### Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.



#### DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.



#### Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches.

[See more healthier swap ideas](#)



#### Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.



#### Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.



#### Ever green

Always add salad to sandwiches and wraps too – it all counts towards your child's 5 A Day!



#### Cheesy does it...

Cheese can be high in fat and salt, so choose stronger-tasting ones – and use less of it – or try reduced-fat varieties.



#### Cut down on crisps

If your child really likes their crisps try reducing the number of times you include them in their lunchbox, and swap for homemade plain popcorn or plain rice cakes instead.



#### Add bite-sized fruit

Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.



#### Tinned fruit counts too

A small pot of tinned fruit in juice – not syrup – is perfect for a lunchbox and easily stored in the cupboard.



#### Swap the fruit bars

Dried fruit like raisins, sultanas and dried apricots are not only cheaper than processed fruit bars and snacks but can be healthier too. Just remember to keep dried fruit to mealtimes as it can be bad for teeth.



#### Switch the sweets

Swap cakes, chocolate, cereal bars and biscuits for malt loaf, fruited teacakes, fruit breads or fruit (fresh, dried or tinned – in juice not syrup).



#### Yoghurts: go low-fat and lower-sugar

Pop in low-fat and lower-sugar yoghurts or fromage frais and add your own fruit.



#### Get them involved

Get your kids involved in preparing and choosing what goes in their lunchbox. They are more likely to eat it if they helped make it.



#### Variety is the spice of lunch!

Be adventurous and get creative to mix up what goes in their lunchbox. Keeping them guessing with healthier ideas will keep them interested and more open to trying things.



#### Plan to Eatwell

The guide shows how much of what we eat overall should come from each food group to achieve a healthy, balanced diet. It can be really useful when thinking about what goes into kids' lunchboxes.

[The Eatwell Guide](#)

## Attendance

It is hugely important that the children come to school everyday as the lessons build on from each other. If your child is not well please telephone the school office and let them know the reason for the absence, this should be followed up with an email or note to [office@queensgateprimary.co.uk](mailto:office@queensgateprimary.co.uk)



If you would like leave of absence for an alternative reason to illness you must complete a leave of absence form (at least 14 days in advance of absence), these can be found in the school foyer. Please remember to call the school when your child is absent (if we haven't heard from you by 9.15am we will contact you). It is important that you follow up this phone call with a written reason for the absence when your child returns to school.


Remember that good attendance will help your child to succeed at school.



## Whole School Attendance this week is 95.07%

**KS1 Class with best attendance this week is 1CE with 98.08%**

**KS2 Class with best attendance this week is 6TM with 98.77%**


**easyfundraising**

# Turn your online shopping into everyday magic for


**Queensgate Foundation Primary School**








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





You shop, brands donate to us.  
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Excellent  3,045 reviews on  Trustpilot

Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising free donations for Queensgate Foundation Primary School with easyfundraising?

There are over 7,000 brands on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Booking.com and M&S – and it won't cost you a penny extra to help us raise funds.

All you need to do is:

1. Go to [https://www.easyfundraising.org.uk/causes/queensgate-foundation-primary-school/?utm\\_campaign=raise-more](https://www.easyfundraising.org.uk/causes/queensgate-foundation-primary-school/?utm_campaign=raise-more) and join for free.
2. Every time you shop online, **go to easyfundraising first** to find the site you want and start shopping.
3. After you've checked out, the brand will make a donation to Queensgate Foundation Primary School at no extra cost to you whatsoever!

There are no catches or hidden charges and Queensgate Foundation Primary School will be really grateful for your donations. Thank you for your support.



## Dates for your diary for this term

**Monday 21st November** - Mrs Barnett's class (RAB) to the library

**Monday 28th November** - Mrs Dye's class (RSD) to the library

**Wednesday 30th November** - Year 6 STEM day in the hall all day

**Tuesday 6th, Wednesday 7th and Thursday 8th December** - Schoolastic Book Fair here

**Wednesday 7th December** - PTFA disco for all year groups

**Friday 9th December** - 2.30 School Christmas Fair

**Tuesday 13th December** - Reception show to school (dress rehearsal)

**Wednesday 14th December** - 9.30am Reception show to Parents

**Thursday 15th December** - Christmas Jumper and Dinner Day

**Friday 16th December** - Last day of term

Christmas Holidays **Monday 19th December to Monday 2nd January 2023**

**Tuesday 3rd January 2023** - INSET Day training for all staff (no children)

**Wednesday 4th January 2023** - Children return to school for Spring Term 1



## Staffing News

Many of you may remember Mrs Janet Gardner who was our Out and About teacher before Mrs Johnson. Sadly, she passed away this week from Pancreatic cancer. She was an inspiration to us all with her knowledge of the Isle of Wight. She will be greatly missed. Our thoughts are with her family at this time. I will let you know when the funeral.

## Sports Reports

Last Friday, the Year 4 boys travelled to Gurnard to play their second league match of the year. The boys previously played Gurnard in the cup and lost the game 4-1, so the team were hopeful to turn that result around. The game began and straight away the boys played some brilliant football and produced some great pieces of defending. They created many chances in the first half and were very unlucky to not to have scored. Despite all of this, Gurnard managed to score a quick goal just before half time. The boys went into half time 1-0 down and couldn't wait to get back out for the 2nd half. The whistle



blew for the start of the second half and the team were first to every ball. Unfortunately, Gurnard scored another goal through a good passage of play. This didn't affect the boys as they kept trying and played some brilliant football. After many chances going to waste, Johnny W scored Queensgate's first goal of the match. Sadly, the boys ran out of time before they could get a second goal and the game finished 2-1 to Gurnard. This game was a tough battle for the boys but they can all be very proud of themselves as they produced a good performance against a strong Gurnard side.

On Tuesday, the Year 6 boys faced Binstead in a league match. The conditions were very boggy so this was going to be a hard test for the team. The first half kicked off and the game was a tough challenge for the boys as Binstead started strongly. However, through some brilliant goalkeeping from Oliver P alongside some quality defending from Ollie B and Zak T, the team managed to keep the score level at the half time break. This wasn't the start the boys were looking for as they were put on the back foot from the off, but they were still in the game going into the second half. The second half got underway and the boys were quick to get stuck in. Even though the boys improved throughout the game, it wasn't to be their day as they went on to lose the game 2-0. This wasn't the boy's best performance; however, they will look to learn from this and get back to their best in next week's game against Hunnyhill.



On Thursday, the Year 4 boys faced Broadlea in the league. The team felt confident going into this game coming off of a positive performance against Gurnard. The first half began and the boys started strongly, creating many chances and dominating possession. The team produced some great passages of play which led to them scoring 3 goals! They went into the half time break with a lead of 3 goals to nil. The boys picked up where they left off, starting the second half strongly. They kept possession of the ball very well and put some good passes together to move up and down the pitch. This performance was one of the team's best as they kept their lead and won the game 3-0. Well done boys.





### Sports crew half term challenge

It is really important for everyone, children and adults, to be active. This half term, the Sports Crew challenge you and your family to see how many star jumps you can complete in one minute. We would love you to let us know how many you completed and send us a picture of you and your family doing the challenge so we can display them in the hall. A certificate will also be presented to the child who is showing the most enthusiasm completing the challenge (ideally with members of their family). Who is the star jump champion in your household?

Pictures can be sent to

[sportscrew@queensgateprimary.co.uk](mailto:sportscrew@queensgateprimary.co.uk).



### **World Pay Ending**

Scopay are changing their online payments provider. We will not be able to take any payments between **28<sup>th</sup> November and 1<sup>st</sup> December**. Although World Pay will be no longer used, we have not been informed which company is being used instead. We will give you further details once we have received them.

### **Final INSET days confirmed**

I can confirm that the final 3 INSET days for 2023 have been set and approved by the Local Authority. Please add these to your diaries.

**3<sup>rd</sup> January 2023**

**17<sup>th</sup> April 2023**

**19<sup>th</sup> June 2023**

Inset Day  
Dates  
2022/23



### **Totally Rad Music lessons**

For those children that have signed up, lessons started at Queensgate today and continue on Fridays.

Good luck to all children that have signed up for these lessons - we hope you have fun and learn loads. We look forward to seeing how you progress.

# Calling all parents, grandparents and carers of Year 5 & Year 6 children!

Do you want to support  
your children with their  
SATs but are unsure of  
where to start?

**Multiply**



Are you  
Mystified by  
Multiplication? Baffled by  
Bar Graphs? Frightened  
of Fractions?

If the answer to any of these questions is 'yes', then help is at hand, with the **Multiply** programme, a new initiative aimed at improving the numeracy skills of adults.

The team at Adult Community Learning is pleased to be working alongside your child's primary school, to offer an exciting way to help you support your children with their SATs, while at the same time developing your own skills in mathematics.

Details of this **FREE** opportunity can be found below:

## SATs Support Workshops Fridays 9:15-10:15am at Queensgate Foundation Primary School

A six-week course, designed to help you improve your own maths skills and in turn support your children with the maths they're learning in school. Sessions will be for one hour a week, during school time and will include areas such as:

- ◆ Understanding the Year 5 and 6 maths curriculum
- ◆ Looking at examples of questions from SATs papers and learning how to solve them
- ◆ Learning about how Maths is taught in school, to help you support with homework
- ◆ Investigating Number and calculations (addition, subtraction, multiplication & division)



All the sessions will be run in a relaxed and informal way, by Dee Swallow an experienced tutor from Community Learning tutors in the familiar surroundings of your child's school in the training room.

For further details, speak to the school  
admin team on **(01983) 292872**  
or email

**[enquiries@queensgateprimary.co.uk](mailto:enquiries@queensgateprimary.co.uk)**



## **PTFA Christmas Events**

### **Neon Discos**

On Wednesday 7<sup>th</sup> December the PTFA will be holding a Neon Disco. The cost is £2 for Reception children and £2.50 for Years 1 – 6. The timings of the discos are as follows:

Reception – 3:00pm to 3:45pm

Years 1, 2 and 3 – 4pm to 5:15pm

Years 4, 5 and 6 – 5:30pm to 6:45pm.

A huge thank you to the PTFA and Queensgate staff that have offered to help at this event.

### **Christmas Fair**

Our Christmas Fair is on Friday 9<sup>th</sup> December between 2:30pm and 4:30pm. Santa will be in the music room; there will be stalls in the hall, a café in the dining room, face painting and glitter tattoos.

Nearer the time we will be asking for chocolate tombola and general tombola items to be donated.

Please see the poster on Page 13.

### **Next Week**

Next week is anti-bullying week. This year's theme is, "Reach Out". Our assemblies will follow this theme and the children will also carry out some anti-bullying lessons in their classes too.

It is also Road Safety week next week. This work will be carried out the week after next.

### **And finally... (and sadly)**

In the early hours of Tuesday morning (1:00am – 8<sup>th</sup> November) Queensgate was the victim of a burglary. We are so upset and disappointed to find out this has happened. Two of our sheds and the PE container were broken in to – the padlocks were removed with bolt cutters – and equipment taken. The police have been notified and CCTV footage shared with them.

We would ask all members of the Queensgate community to be on their guard if any of the following items are offered for sale or just seem to appear:

- Milwaukee Cordless Hammer Drill – 18v + Battery
- Milwaukee Cordless Angle Grinder – 18v + Battery
- Socket set
- Snap-On 3/8" Drive metric socket set 11mm – 20mm
- Ryobi One Cordless Circular Saw 150mm 18v

If anyone hears anything or has any information to share please contact the police quoting the crime number: 20221108-0630 or the school. With thieves in the area, don't forget to ensure your own personal property and residence is secure.

**Best wishes,**



**Samantha Sillito**

**Headteacher**



9th December 2:30 - 4:30



# Christmas Fair & Santa's Grotto

With Elf Workshop

Book Grotto  
via:



**Classlist**  
Happier parents, stronger schools



MINCE PIES  
STALLS

MULLED WINE (ALCOHOL FREE)

CRAFTS

TEMPORARY TATTOOS

FACE PAINTING

HOT AND COLD DRINKS



01983 292872



[www.queensgateprimary.co.uk](http://www.queensgateprimary.co.uk)



## Queensgate Foundation Primary Christmas Fair

Friday 9<sup>th</sup> December 2:30pm – 4:30pm

**Below shows the volunteer roles we need.**

If you are able to help, please contact the school, PTFA or Holly Irwin directly. Any time is appreciated. The more volunteers means the more fun we can put on! Thank you!

*Holly*

| Volunteer role                       | Full Name and contact details for the ptfa |
|--------------------------------------|--|
| Ideal roles are below but may change |  |
| Grotto Elf                           |  |
| Decorate grotto                      |  |
| Wrap Gifts                           |  |
| Drinks                               |  |
| Mince pies and treat stall           |  |
| Face painter                         |  |
| Glitter tattoos                      |  |
| General Stall helper                 |  |
| Anywhere                             |  |
| Clear up 4:30-5:30                   |  |
| Sign making for grotto               |  |
| Elf outfit donation                  |  |

## Hello, is it you we're looking for?



Becoming a new parent can be a challenge and at Home-Start we know the value of supporting parents as early as possible. We are looking for, Bumps & Babies home visiting volunteers in your area?

**How much time do I need to give?** Most home visitors give a couple of hours each week.

**Where would it be?** At the family home

**What does it involve?** The role is varied as every family is different. A Home-Start volunteer is a helping hand and a listening ear. Your time with the family could include:

- Talking and listening
- Helping parents feel more prepared for parenthood
- Practical help & emotional support before baby comes along
- Supporting parents to feel more confident
- Practical help & emotional support after baby is born
- Supporting parents to get out and about
- Cuddling a baby!

**Do I need any special skills or experience?** Non-judgemental with an understanding of the challenges of family life, kind and compassionate, great organisational skills, practical, enthusiastic. Most volunteers have parenting or caring experience, for everything else, full training is provided. Training is a combination of online and face to face sessions. All volunteers receive regular support from a named co-ordinator.

All home visiting volunteers are subject to an enhanced DBS check and references are required.

For more information or an application form please email [admin@homestartniow.org](mailto:admin@homestartniow.org) call 01983 533357, or visit our website [www.homestartisleofwight.org.uk](http://www.homestartisleofwight.org.uk)

We look forward to hearing from you

## Hello, is it you we're looking for?



Family life can be a challenge. Could you be a home visiting volunteer and help a family with young children in your area?

**How much time do I need to give?** Most home visitors give a couple of hours each week.

**Where would it be?** At the family home

**What does it involve?** The role is varied as every family is different. A Home-Start volunteer is a helping hand and a listening ear. Your time with the family could include:

- Talking and listening
- Having fun with children
- Supporting families to get out and about
- Practical help

**Do I need any special skills or experience?** Non-judgemental with an understanding of the challenges of family life, kind and compassionate, great organisational skills, practical, enthusiastic. Most volunteers have parenting or caring experience, for everything else, full training is provided. Training is a combination of online and face to face sessions. All volunteers receive regular support from a named co-ordinator.

All home visiting volunteers are subject to an enhanced DBS check and references are required.

For more information or an application form please email [admin@homestartniow.org](mailto:admin@homestartniow.org) call 01983 533357, or visit our website [www.homestartisleofwight.org.uk](http://www.homestartisleofwight.org.uk)

We look forward to hearing from you

## Hello, is it you we're looking for?



Family life can be a challenge. Home-Start runs Family Group sessions for parents and their young children. Could you volunteer in a group and help make their time together special?

**How much time do I need to give?** Group sessions are 2 hours each week during term time.

**Where would it be?** Groups take place in Newport, Ryde, East Cowes & Shanklin

**What does it involve?** A Home-Start Family Group volunteer is a helping hand and a listening ear. Working alongside the Family Group staff you will:

- Provide a warm welcome to parents & children
- Support children to enjoy the fun activities on offer
- Help with setting up and packing away
- Offer a listening ear to parents who need time to talk
- Give practical help to parents with more than one child to give them the opportunity to spend 1:1 time with each of their children

**Do I need any special skills or experience?** Non-judgemental with an understanding of the challenges of family life, kind and compassionate, practical, enthusiastic, creative, an understanding of child development would be an advantage and most importantly a willingness to join in with the singing! Most volunteers have parenting or caring experience, for everything else, full training is provided.

All Family Group volunteers are subject to an enhanced DBS check and references are required.

For more information or an application form please email [admin@homestartniow.org](mailto:admin@homestartniow.org) call 01983 533357, or visit our website [www.homestartisleofwight.org.uk](http://www.homestartisleofwight.org.uk)

We look forward to hearing from you



# MENTAL HEALTH DROP IN

Where: The Hub, 114 Pyle Street Newport, PO30 1XA  
When: 2pm – 5pm every Wednesday

For more information contact the Youth Trust  
01983 529569 or [info@newyouthtrust.co.uk](mailto:info@newyouthtrust.co.uk)

THE HUB IS A NEW SPACE IN CENTRAL NEWPORT DESIGNED BY YOUNG ISLANDERS, FOR YOUNG ISLANDERS.

OUR DROP IN SESSIONS ARE OPEN TO YOUNG PEOPLE AGED 13+ YOU DON'T NEED TO MAKE A REFERRAL TO ATTEND, JUST DROP IN AND OUR WELLBEING PRACTITIONERS WILL BE ON HAND TO OFFER INFORMATION AND SIGNPOST TO SUPPORT.

PARENTS WHO WOULD LIKE INFORMATION ABOUT SUPPORTING YOUNG PEOPLE IN THEIR CARE ARE ALSO WELCOME TO DROP IN.





### Parents Group

The aim of the SOS service is to provide specialist advice and support to mainstream schools to complement existing inclusive practice, increase knowledge and build confidence and competence in providing provision whilst meeting children's individual needs.

This group is open to all parents/carers who have a child/children that attend a school using our service.

**When:** 15<sup>th</sup> November 2022

**Time:** 12.30-2.30 drop in session

**Where:** Medina Help Hut, Green Street, Newport, PO30 2AN



*Come and join us for a coffee, a chat and some cake*

If you could let us know you will be coming so we can cater for enough people that would be great but please just come along if you would prefer.

To register your interest or if you have any questions please email:

[Outreach@medinahouse.iow.sch.uk](mailto:Outreach@medinahouse.iow.sch.uk)

Or

phone: 522917



*Cake, coffee and a smile welcome you all*

## NATUREZONES WINTER COMPETITION

Naturezones Wildlife Education Trust (NWET) is a ten acre wildlife field study centre and a Living Natural History Museum in Blackwater. It is a "not for profit" organisation dedicated to educating visitors in the importance of sustaining and creating wildlife habitats as part of the Island's ecology, increasing Biodiversity and nurturing the environment.

### Your mission:

Using facts, write about a native British animal.

Will you choose to do a non-fiction piece or will you use the information you learn to create a fictional story about your chosen animal?



Which animal will you choose?

3 prizes, one each for the most informative piece of writing, the greatest increase in effort shown, and for the most learnt while completing the mission.

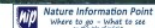


WIN free entry to Naturezones a hot drink & cake for 4

Send your entries to:

[naturezonesiow@gmail.com](mailto:naturezonesiow@gmail.com), arrange to deliver to Naturezones or post to Head Office, Padmore Lodge, Beatrice Avenue, East Cowes PO32 6LP.

Please include a pupil nominated for each of our 'effort shown' and 'most learnt' prizes. Ensure that all entries have a pupil identifier (i.e. their name or initials) and the school clearly written. Closing date: Wednesday 14th December 2022.



Are you interested in a Career in Renewable energy?

Start your Journey Today!

[www.globalwindventures.co.uk](http://www.globalwindventures.co.uk)



“youth trust”

[iowyouthtrust.co.uk](http://iowyouthtrust.co.uk)



**Life can be hard, but accessing support shouldn't be...**

The Isle of Wight Youth Trust provides FREE wellbeing & therapeutic support to children & young people aged 4-25 living on the Isle of Wight.

**On our new website you can:**

Find out more about the work of the Youth Trust & how to access support



Make a referral for 1:1 support



Find out what support is available @theHub



Find out more about the support available for parents/carers

Book onto one of our information sessions for parents/carers to support your young person with: Anxiety - Low Mood - Self Harm - Anger

**Access FREE Wellbeing Self-Help Resources**

Information on common feelings, experiences & mental health symptoms & where to access appropriate support.

Downloadable resources including breathing exercises, grounding techniques & a wellness journal

Links to FREE Apps & useful Websites to support mental health & wellbeing

**Find out how you can support us!**

Whether you would like to fundraise on your own or as a group, take on a challenge or simply make a donation, you can help us continue to support the mental health and wellbeing of young Islanders.



**Includes over £50 worth of savings to use across Tapnell Farm! See website for details**

**TAPNELL FARM PARK** WINTER

# Season Passes

**JUST £28 PER PERSON!**  
Under 2's FREE

**Valid from 3rd November 2022 - 24th March 2023**  
Unlimited FREE ENTRY - See winter opening times on website

**Transferable adult season pass when accompanying a child season pass holder**  
(see website for full T&C's)



**ALL WEATHER FUN!**  
Indoor and Outdoor Play

**Christmas at Tapnell**  
The Island's Award Winning Event

**Discounted tickets for Season Pass Holders!**

**BUY ONLINE** FOR FULL DETAILS [www.tapnellfarm.com/play](http://www.tapnellfarm.com/play)

# CARISBROOKE GYMNSTIC CLUB

Parents/ Carers,

- Did you know Hunnyhill Primary School has an onsite gymnastic club
- We offer gymnastics from reception class upwards
- our sessions are as follows ;

**Monday 4pm til 5pm 5years to 7 years**

**Monday 5pm til 6pm 8 years +**

**Thursday 5pm til 6pm 8 years +**

- try our session £5 per child for first session.
- After that if they wish to carry on you will need to pay for rest of term.
- our terms are currently 5 weeks £25
- The head coach has been involved for 20 years in gymnastics
- It is a great way to have fun , make new friends and new skills
- It is a great way to stay fit
- The club is British Gymnastics registered
- coaches are individually insured through BG
- All children will need BG insurance currently £19

text us on 07974992794 or contact us via messenger with your enquiry our facebook page is Carisbrooke gymnastics club

**We look forward to hearing from you**

**FREE Isle of Wight Cricket Board Coaching 2022**

 Dear Cricketer

You have been chosen by your PE teacher to attend an Isle of Wight Cricket Board coaching programme for pupils is **YEARS 2,3, & 4** due to your skills and enthusiasm during PE lessons.



The **FREE** sessions will be at **Ryde School Sports Hall** every Friday during term time between 5.30 and 6.30pm. The first session is **Friday 11th November**. We will have all the necessary equipment for you to use at each session if required. Please wear Sports type clothing and trainers and bring a drink!!

**BOOKING IS ESSENTIAL** as we have a limited number of **FREE** places

Email Andrew Jasper at [admin@isleofwightcricket.co.uk](mailto:admin@isleofwightcricket.co.uk) to book and for more information

The coaching will be delivered by the Isle of Wight County Coaches who are ECB qualified, and DBS checked.

 **CHANCE TO SHINE**  
Spreading the power of cricket

 **Interested in cricket?**  
**In School Years 2, 3 or 4?**

**FREE** Junior Coaching Every Friday (term time only)  
at Ryde Private School Sports Hall  
Booking is **ESSENTIAL** as places are limited.

**WHEN:** First session Friday 11<sup>th</sup> November

**TIME:** 5.30pm-6.30pm

**COST:** FREE



To book and more information please contact Andrew Jasper at [admin@isleofwightcricket.co.uk](mailto:admin@isleofwightcricket.co.uk)

The coaching will be delivered by the Isle of Wight County coaches who are qualified, and DBS checked

 **CHANCE TO SHINE**  
Spreading the power of cricket