Beatrice Avenue, East Cowes, IOW, PO32 6PA. Tel 292872 queensgateprimary.co.uk



Friday 16th September 2022

Issue 2 2022 - 2023







## **School Closed on Monday**

Dear Parents and Carers,

#### **School Closed on Monday**

Queensgate Foundation Primary School will be closed on Monday 19<sup>th</sup> September in line with other schools to mark the occasion of the funeral of HRH Queen Elizabeth II. In assemblies this week we talked about this being a momentous occasion.

We look forward to seeing the children on Tuesday 20<sup>th</sup> September at 8:40am.

#### **PTFA AGM**

On Tuesday 20<sup>th</sup> September the PTFA are holding their AGM at 1:30pm in the training room. It is very important that people attend this event otherwise the PTFA will not be able to continue to function and raise funds for the school. Please come along.

#### **Out and About**

Please make sure your child is dressed appropriately for out and about.

#### Someone Else Picking Up Your Children?

We have sent a text message this week reminding you about protocols for picking up. If Mum, Dad, carers or pre-arranged child minders are not collecting then you MUST let the teacher know in the morning or call through to the office if it is to be someone else collecting, including grandparents. This is for safeguarding reasons. Please do not be upset if a teacher refuses to release a child - they are just following policy and checking whether it is safe to release the child. Thank you for support and understanding in this matter.

#### Age Restrictions - TV shows, Films and Games

We have had various reports of children watching Stranger Things. Please note that this is certified as suitable for 15 years and over. Also some children are talking about their TikTok accounts - which is age rated as 13. Please be mindful that age restrictions are there for very good reasons. We will be publishing some links to support parents with this in future newsletters.



#### Out & About

The Out and About group from **Year 2** visited the Dragon Tree in Brighstone Copse on Tuesday morning. The children will be learning about habitats within their Science lessons this half term. We discussed what a habitat was and what living things need to survive. The children designed and made their own creatures using clay and natural materials from the forest. They confidently explained what type of habitat their creature would live in, what it would eat, shelter it needed and about it's babies. They enjoyed crossing the stream using the stepping stones and trying out the tyre swing too!









Next half term our Year 3 children will be learning about the Stone Age in History. In readiness, the **3PT** Out and About team hiked up to the Longstone at Mottistone, on Tuesday afternoon, to see the Neolithic standing stones. The stones once stood as a gateway to a burial ground or long barrow, believed to be aligned with west-east and used as a place to worship the sun and moon. The children were all very enthusiastic and enjoyed the walk despite the heavy rain! Well done 3PT.







The **4BM** Out and About children had a tour of Briddlesford Farm on Wednesday morning. The children have been learning about land use in Geography as well as farming, distribution and food miles. Chris Griffiths explained how the farm is run, the diary and meat production and what they sell in their shop, in addition to other shops that stock their produce. The children were able to meet the calves, dairy girls, 'teenagers' and bulls. They were shown where and how the cows are milked too. In Science, the children will be learning about the human body, digestive system and teeth - we drew comparisons between cows, other animals and humans.







On Wednesday afternoon half of **1CE** went Out and About to Seaview beach and Quay Rocks. The children hunted for shells with holes in and found lots of slipper limpets, scallop shells and whelks. They enjoyed threading them onto wool to create their own necklaces as well as using tools to make holes in other shells. The children had fun exploring the shoreline then listened to some seaside stories as they watched the tide come in.







#### Out and About next week...

Please ensure your child is wearing old play clothes (nothing new or special), waterproof coat (waterproof trousers too if they have some) and wellies/ walking boots/ old trainers in a named bag.

#### Tuesday 20th September am - 2KA

**Brighstone Forest** 

Leo, Mia, Callum, Ayia, Theo, Layla, Freddie, Lille-Mae, Nathan, Arlo, Jamie, Milana and Kingsley.

#### Tuesday 20th September pm - 3AH

Longstone at Mottistone

Christopher, Tyler, Harvey, Lily, Zayn, Caiden, Dylan, Malaika, Tayla, Joshua, Harvey, Logan E, Logan F and Scarlett.

#### Wednesday 21st September am - 4MC

Briddlesford Farm

Children <u>must</u> wear <u>wellies</u> on the farm. Please let school know if your child does not have any and would like to borrow some.

Xachary, Maizy, Bradley, Harley, Thomas, Halle, Logan, Braiden, Elanor, Emmy, Jonny, Grace and Amy.

#### Wednesday 14th September pm - 1SG

Beach

Ellis, Amelia-Lily, Joe, Marleigh-Rose, Macie, Ava, Harry N, Edward, Arlo, Logan, Clay, Isabelle, Theo and Milania.

#### **London Marathon**

Many parents will know me as the short one trying to run around East Cowes, but on the 2<sup>nd</sup> October I will be running the London Marathon in memory of mine and Tara's dad (Jude Butler, Maria and Elvis Shaw's grandad) who suddenly passed away last year to a Cardiac Arrest. I will be running for charity and hoping to raise money for the British Heart Foundation who's research has helped to reduce deaths from heart and circulatory diseases by more than half and by 2030, they want to see advances across the spectrum of heart and circulatory diseases; to prevent these conditions from developing and those with existing conditions to have better, longer lives. Any donation however small will be much appreciated and hopefully I can do him proud'. Thank you.

The link for my donation page: British Heart Foundation: Natasha Colebrook - London Marathon (enthuse.com)

#### **QUEENSGATE SPORT ROUNDUP**



#### Year 6 Boys

On Tuesday, the Year 6 boys played in the Danone cup preliminary round, in the hopes of reaching the finals. They had two other schools to compete with, consisting of two eight-minute matches. The first game was against Binstead, and

after a hard-fought game and some fantastic saves from Oliver P, the game finished 0-0. The second game was against Dover Park and even though Zak T made some brilliant tackles with Oliver P blocking shots left-right and centre, the team lost 1-0. The team showed great perseverance and will look to improve upon this for their next game.

#### **Year 4 Boys**

On Wednesday, the Year 4 boys team took on Cowes Primary in a league match. In the first half, the boys had to dig deep against a tough Cowes team, but after Johny W and Denys Y scored a couple of goals each, the team walked in at half time with a 4-0 lead. The boys came out for the second half and displayed a great team performance to not only score another goal, but to secure a 5-0 win! This was the teams first match together and they showed great teamwork to get across the line and achieve a well-deserved win.

#### Year 6 Girls

On Thursday, the Year 6 girls team travelled to Ryde to take on Ryde school and Greenmount. The games were only 10 minutes long, which made each game very tight. The girls faced Greenmount in their first match and after a superb goal from Lottie Ronan and some brilliant defending by Katie D, the girls beat Greenmount 1-0. Ryde school was the teams next opponent and the game was a thriller! Unfortunately, the team went 2-0 down after some fantastic team goals from Ryde, however the girls showed great resilience to battle back and get themselves a well-deserved goal. Sadly, the full-time whistle was blown and the girls lost the game 2-1. This was the first time these girls had played together as a team and they were amazing, they will look to carry this good form on for the rest of the season.



# What's for dinner next week?





Monday		Tuesday	Wednesday	Thursday	Friday
BANK HOLIDAY		Sausage and Mash with Gravy	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with a Garlic and Herb Bread Wedge	Golden Fish Fingers and Chips
		Mild Chickpea and Potato Curry	Quorn Roast with Roast Potatoes and Gravy	Veggie Lasagne served with a Garlic and Herb Bread Wedge	Tomato Veggie Burger with Chips
		Broccoli and Peas	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
		Orange Shortbread with Fruit Slices	Raspberry Yoghurt Cake	Fruity Chocolate Brownie	Vanilla Ice Cream

Please note that all meals are subject to change due to availability of produce.

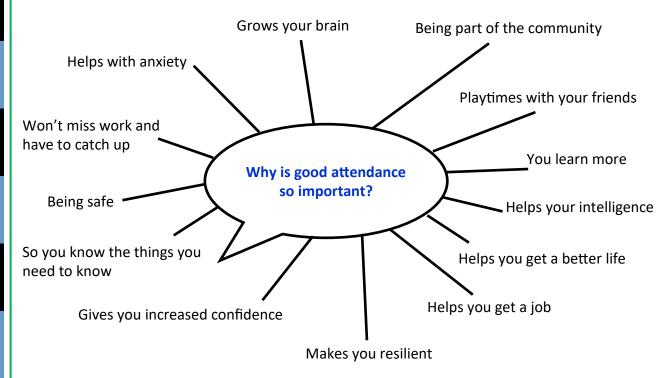
#### Attendance

It is hugely important that the children come to school everyday as the lessons build on from each other. If your child is not well please telephone the school office and let them know the reason for the absence, this should be followed up with an email or note to office@queensgateprimary.co.uk



If you would like leave of absence for an alternative reason to illness you must complete a leave of absence form (at least 14 days in advance of absence), these can be found in the school foyer.

Remember that good attendance will help your child to succeed at school. We asked the children in assembly 'Why is good attendance so important?' This is what they came up with:



We couldn't agree more with the children!

**Persistent Absence** - is described by the Government as attendance below **90%**. This equates to 19 days or more of absence a year or **100+ lessons missed**. If a child's attendance drops below 90% this could lead to them becoming a safeguarding concern. This could also result in the authority taking legal action against parents, resulting in a fine or court appearance.

Whole School Attendance this week is 96.59%

KS1 Class with best attendance this week is 1SG with 98.47%

KS2 Class with best attendance this week 3Pt with 98.15%

Let's see, as it's only four days next week, if we can get most classes to 100%!

# Mental Health at Queensgate

Mr Chubb has started his Senior Mental Health Lead (SMHL) Training via the Carnegie School of Education. Anything relevant for parents will be communicated via this page and texts where appropriate. This page will be updated to signpost parents for either their own mental wellbeing, or help with their child's. First stop is always the school team - Mrs Jeffers, Mr Chubb, Mrs Grant and Mrs Sillito are good starting points. Bea Morris (introduced to you in last week's newsletter 09/09/22) is also a great resource—please make referrals through the school in the first instance.

Below are some adult services that can be contacted if you would prefer to talk to someone discretely:

#### **Urgent mental health support:**

**NHS 111** 

#### Isle Talk IAPT (Isle of Wight adult mental health service)

01983 532860

Monday to Friday 9-4:30

https://www.iow.nhs.uk/our-services/mental-health-services/isle-talk.htm

#### Samaritans (helpline)

116 123

24/7

Email Jo@samaritans.org (replies in 24 hours)

samaritans.org



#### Shout (helpline)

TEXT 'SHOUT' TO 85258

24/7

giveusashout.org

#### Mind (Helpline)

0300 123 3393

Mind.org.uk



Don't forget we have a sleep workshop happening on 29th September—see the poster on the next page for more details.

# How to sleep better

### Workshop includes:

- Why sleep is important
- What helps us sleep better
- Helpful tips for a restful night
- Relaxation and breathing techniques

Date: 29th September 2022 @ 9:00-10:30am <u>Location: Training room (mobile site), Queensgate</u>

Foundation Primary School

Register your interest with Mrs Jeffers and Mr Chubb



#### **Totally RAD Music Lessons**

All children in Year 1 – Year 6 will have brought home a letter this week about instrumental music lessons available in school provided by Totally Rad Music Company. We still have space for more children to enrol for either small group of individual music lessons. (NB. These are lessons parents pay for.) Sign up is easy using the QR code on the letter.

For those parents who have already enrolled their children, lessons are due to start on Friday 23<sup>rd</sup> September and Totally Rad will contact you directly to let you know when your child's lesson will be each week. Class teachers will know when children are timetabled for their music lessons but children in KS2 should know when their lesson is and take responsibility for excusing themselves from class and getting to the music room for their lessons promptly. Mrs W Webb

#### **Choir Club**

Choir Club begins in the Music Room on Tuesday 20<sup>th</sup> September. We have already been asked to take part in another service at Newport Minster on Monday 3<sup>rd</sup> October which celebrates the start of the legal year. We only have two choir practices before this event to prepare a new piece so come along prepared to work hard and get ready to learn words at home! Here is a link to the song we will be learning so you can start getting to know the tune and lyrics: <a href="https://youtu.be/pN4tPkX0MG0">https://youtu.be/pN4tPkX0MG0</a>

There is also a good chance of getting out to sing in the community around the Christmas period and possibly another event at Osborne House this year so why not give it a go?

I'm looking forward to seeing old and new members of the choir this term. Mrs W Webb

#### **Fiddle Toys and Chews**

Quite a few children are bringing in their own fiddle toys and chews. If a child requires a fiddle toy due to a sensory need and this has been discussed with Mrs Grant, then the school will provide a fiddle toy that will stay in school. This is the same for the chew too - especially as we don't want germs coming in and going out of the school on such a device. Thank you for your support in the matter.

#### **Play Equipment**

Please remind your children that they should never go on the play equipment before or after school. We sought advise from the local authority and the advise they give to all schools is the following: "This equipment must only be used under strict supervision within school hours and term time. Unauthorised use is prohibited and will constitute a trespass".

#### And finally...

Although for a very sad reason please enjoy the extra long weekend. If any children are adversely affected by the funeral on Monday, please encourage them to express this during their circle time check in on Tuesday morning.

Remember, to read, chat and play with your children and we look forward to seeing them all on Tuesday.

Best wishes.

Samantha Sillito

Headteacher









Beginners Spanish for children aged 4-11 Every Wednesday Starting on the 14th of September 4pm £5.50/Session SIGN UP NOW! arly Membership Fee £12.99 including folder, book, music & access t ABELZONE vorth £69 must be bought (or reneved at a cost of £7.99)

#### New member offer first 'trial' session free!

Please email lcfclubs.iow@gmail.com to book your space. Club limited to 12 students

#### Royal Yacht Squadron Isle of Wight Foundation

#### THE TRUSTEES OF THE ROYAL YACHT SQUADRON ISLE OF WIGHT FOUNDATION

will be holding

#### A MARITIME CAREERS FAIR

THURSDAY 29th SEPTEMBER 2022

11:00 - 16:00 hrs

at the Royal Yacht Squadron, Cowes, Isle of Wight, PO31 7QT

Exhibitors will show the breadth of opportunity that is available within the Maritime Industries, Hands-on simulators and demonstrations, RN, RNLI, RIBs and other workboats to explore

BAE Systems, Berthon Boat Company, Brockenhurst College, Carisbrooke Shipping, Cheetah Marine, City College, Southampton, Clyde Marine, Cowes Harbour Commission, Cowes Yacht Haven, Hovertravel, HTP Training, Into the Blue Marketing, Island Divers, Island Ribs, Isle of Wight College, Island Futures, Lallows, Marine Archaeology Trust, Merchant Navy Training Board, MHI Vestas Offshore Wind Blades, Ocean Youth Trust South, Oyster Yachts, Port & Maritime Regiment IoW Troop, Princess Cruises, Red Funnel, Richardsons Yacht Services, RFA, Royal Navy, RNLI, Seasafe, Sunsail, Trinity House, UKSA, Vikoma, Warsash Maritime Academy, Wight Shipyard, Ben Wood Photographer.

Our current group of Foundation beneficiaries will be on hand to provide inspiration and information about their personal journey.

> Admission by Registration in advance, or on the day www.rysfoundation.org.uk 01983 292191

Oceans of opportunity on land and sea

#### **EAST COWES COMMUNITY LIBRARY**



We are now open in the East Side Curve. This new community hub is beside the Town Hall in York Avenue. Do pop in to view our new building and meet the staff and volunteers.

#### **Opening Times** Monday to Friday 9am to 5pm Saturday 9am to 1pm

We look forward to offering our community

- adult and children's books to browse and borrow
- books to request from stock or library service order
- monthly reading group and creative writing group
- weekly Rhyme Time and school holiday Story Time
- bus pass applications, printing and copying
- free wifi and laptop computer access
- help with enquiries, information and onward support
- a comfortable space to read newspapers and relax

Email: library@eastcowestowncouncil.co.uk

Post: East Cowes Town Hall, York Avenue, PO32 6RU Phone: 01983 299082 (option 5)





#### Improve Your Mental Health

Understanding your emotions

designed to empower you to become



Monday 26th September 11am - 12:30pm



Brading Youth & Community Centre High Street, Brading PO36 0DH

Gain skills to improve your wellbeing and unlock your potential This workshop is open to the public. Attendees must be over the age of 18.

We hope to see you there!







# ADULT LEARNING

Autumn 2022

All courses take place at The Learning Centre, Westridge, Ryde, PO33 1QS unless otherwise stated. \*Concessionary rates are offered to learners who are in receipt of specific means tested benefits.





Education & Skills Funding Agency

#### CITY AND GUILDS FUNCTIONAL SKILLS FREE ENGISH AND MATHS COURSES

Classes available in Ryde, Newport, Sandown, Freshwater and East Cowes. For more details, please contact acl@iow.gov.uk

# FREE CAREERS APPOINTMENTS

Advice and guidance to enable you to realise your potential, so that you can confidently take the next step into learning or employment.

For more details, please contact acl@iow.gov.uk

#### ICT

All courses are

for adults (19+ years old)

#### **Computers for Beginners**

6 week course > Tuesday 13 September to 18 October > 9.30am to 12.30pm > Free

#### **Computers for Beginners**

Downside Centre, Furlongs, Newport P030 2AX

6 week course > Monday 31 October to 5 December > 1pm to 4pm > Free

#### Essential Digital Skills For Life Level Entry 3

12 week course » Monday 12 September to 5 December » 1pm to 3.30pm » Free 12 week course » Thursday 15 September to 8 December » 6pm to 8.30pm » Free

#### Essential Digital Skills For Work Level 1

12 week course > Thursday 15 September to 8 December > 9.30am to 12.30pm > Free

#### FREE ONLINE COURSES

Short courses on offer through the Equal Learning Platform include modules in, English and Maths, Childcare and Education, Business, Leadership and Management, Health and Safety, Retail and Hospitality, Health and Social Care, Personal Development and Employability, Health and Fitness and Sustainability. Electronic certificates available on completion. For more details, please contact acl@iow.gov.uk



For more information and to book your place please get in touch.

- iow.gov.uk/ACLcourses
- **01983 817280**
- acl@iow.gov.uk
- f IWCACL



#### ICT (CONTINUED)

#### ICDL Word Processing Level 1 and 2

6 week course > Monday 12 September to 17 October > 9.30am to 12.30pm > Free

#### ICDL Spreadsheets Level 1 and 2

6 week course > Tuesday 13 September to 18 October > 1pm to 4pm > Free

#### ICDL Presentation Software Level 1 and 2

6 week course > Tuesday 1 November to 6 December > 9.30am to 12.30pm > Free

#### Researching your Family History for Beginners

3 week course > Sunday 6 to 20 November > 10.30am to 12.30pm > £35/£20\*

#### ART

#### Travel Poster Art

3 week course > Monday 3 October to 17 October > 10am to 1pm > £55/£32\*

#### Pen & Wash Still Life

Workshop > Wednesday 5 October > 10am to 3pm > £35/£22\*

#### Poppy Watercolour

Workshop > Friday 14 October >
10am to 1pm > £20/£12\*

#### Understanding & Mixing Colours

Workshop > Wednesday 19 October >
1 to 4pm > £20/£12\*

#### Abstracts using Painting Knives

3 week course > Wednesday 2 to 16 November > 10am to 1pm > £55/£32 \*

#### ART (CONTINUED)

#### Acrylic Seascapes

Workshop >> Monday 7 November >> 10am to 3pm >> £35/£22\*

#### **Encaustic Art**

Workshop » Saturday 12 November » 10am to 3pm » £35/£22\*

#### CKAFT

#### Mosaic Garden/Window Suncatchers

2 week course > Saturday 17 September > 10am to 3pm > Sunday 18 September > 10am to 12pm > £45/£28\*

#### Needle Felted Land or Seascape Picture

Workshop > Thursday 20 October >
10am to 3pm > £35/£22\*

#### Feng Shui for your Home

5 week course > Wednesday 2 to 30 November > 6 to 8pm > £60/£35\*

#### Revamp your Clothing using Japanese Boro

4 week course » Thursday 3 to 24 November » 10am to 1pm » £65/£35\*

#### Simple Embroidery Stitches

2 week course > Friday 4 to 11 November > 10am to 12.30pm > £35/£22\*

#### Felt a Poinsettia Flower

2 week course Friday 18 to 25 November 10am to 12.30pm f35/f22\*

#### Silk Painted Scarf

Workshop >> Thursday 1 December >> 10am to 3pm >> £35/£22\*

#### Felt Christmas Decorations

Workshop >> Friday 2 December >> 10am to 3pm >> £35/£22\*

#### CRAFT (CONTINUED)

#### Air Dry Clay

2 week course > Wednesday 7 December > 6 to 8pm > Wednesday 14 December > 6 to 7pm £20/£16\*

#### HEALTH AND WELLBEING

#### **Warming Winter Tonics & Teas**

Workshop >> Saturday 15 October >>
10am to 1pm >> £20/£12\*

For more information and to book your place please get in touch.

**U** 01983 817280

acl@iow.gov.uk

f IWCACL

#### WORKSHOP DAY £10/£5\*

Workshop » Sunday 9 October » 10am to 12pm

Beginners Knitting -Cosy Mug Holder

**Creative Collage** 

Decoupage Glass Jars

# CHRISTMAS THEMED WORKSHOP DAY

Workshop » Sunday 4 December » 10am to 12pm

Mini Stocking

Needle Felted Bauble

Foliage Wreath



#### **NEW CLASSES - SATURDAYS**

Pre Level Dance (3-6 Yrs)
Beginner Tap (5-9 Years)
Musical Theatre (5-9 Years)
Juvenile Ballet (5-7.5 Years)

#### TIME

0900-0930 Studio 1 0900-0930 Studio 2 0930-1015 Studio 2 1015-1045 Studio 2

## **FUSION ARTS ACADEMY**

Osborne Stable Block Dance Studios, Whippingham Road, East Cowes. PO32











Dear Parent / Guardian,

The School Aged Immunisation Service will shortly be offering the annual nasal flu vaccination in schools. For more information about the flu vaccination please visit the NHS website:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/ 1087835/UKHSA-12388-protecting-your-child-against-flu-2022-2023.pdf

Please find the link below for the online consent form: https://links.inhealthcare.co.uk/solent-iow-flu

If this does not open, please copy and paste the link above into your internet browser.

Once you click START you will then be prompted for the Unique School LEA Code which is:

#### 136008

The consent will close 31/10/2022 prior to the school session 03/11/2022. If you submit consent after this time your child will be unable to be given the vaccination in school but will be offered a clinic appointment.

Please complete the online form even if you do not want your child to receive the vaccine.

Once you have opened the form, there will be the option to have a nasal spray or injection. The injection is <u>only</u> available for children where the nasal spray is not medically suitable or for religious grounds due to porcine gelatine which acts as a stabiliser. Injections will usually be given in a community clinic setting which you will be guided to book into.

If at any time you wish to change your consent, you will be required to inform your child's School and the School Aged Immunisation service before the date of the school flu session.

Please ensure you inform the school and the School Aged Immunisation Service if there are <u>any changes</u> in your child's Asthma i.e. have been experiencing active wheezing in the past 72 hours or those who have increased their use of inhalers in the previous 72 hours of vaccination.

If your child has taken a course of oral steroids in the 14 days before the vaccination date it is important that you let us know.

If you have any questions at all, or if you are unable to complete the online consent form, please contact us on:

Email: snhs.schoolagedimmunisations-iow@nhs.net

Phone: 0300 1235074

For more information visit our website: School Aged Immunisation Service I Solent

With best wishes

School Aged Immunisation Service

Soient NHS Trust Headquarters, Adelaide Health Centre, William Macleod Way, Millbrook, Southampton SO16 4XE Telephone: 023 8060 8900 Fax: 023 8053 8740 Website: www.soient.nhs.uk















#### FAQ's

Q: What is a LEA code?

A: Local Education Authority code identifies the school

Q: What does long term health condition mean?

A: Examples include:

- Asthma
- Diabetes
- Heart condition
- Arthritis / rheumatological conditions
- Epilepsy
- Cancer

Q: What treatment would affect someone's immune system?

A: Conditions or immunosuppressive therapy such as:-

- · acute and chronic leukaemia's
- lymphoma
- . HIV infection not on highly active antiretroviral therapy (HAART)
- cellular immune deficiencies
- · high dose corticosteroids.

Q: What does anaphylaxis mean?

A: Severe allergic reaction requiring intensive care admission

Q: What does salicylate therapy mean?

A: Taking medication such as Aspirin

Q: What is antiviral therapy?

A: Antiviral drugs act by killing or preventing the growth of viruses such as Oseltamivir (Tamiflu) and Zanamivir (Relenza)

Q: What is an unrepaired craniofacial malformation?

A: Conditions such as:

- Cleft palate
- Cleft lip
- Craniosynostosis

Q: What additional needs might affect their vaccination?

A:

- Additional learning needs
- Social communication difficulties
- Hearing difficulties

Soient NHS Trust Headquarters, Adelaide Health Centre, William Macleod Way, Millbrook, Southampton SO16 4XE
Telephone: 023 8060 8900 Fax: 023 8053 8740 Website: www.soient.nhs.uk











