Beatrice Avenue, East Cowes, IOW, PO32 6PA. Tel 292872 queensgateprimary.co.uk



Friday 28th April 2023

Issue 28







# **Royal Themed Mufti Day on Friday**

Dear Families,

#### **Bank Holidays**

There are two bank holidays coming up. One on Monday  $1^{st}$  May and one the following Monday on Monday  $8^{th}$  May. Queensgate will be closed on both of these bank holidays.

#### **Strike Action**

The National Education Union is again calling their members to strike on Tuesday 2<sup>nd</sup> May. This is due to a continued dispute about pay and funding to schools. I anticipate that Queensgate will remain open as normal.

#### Visit from Al Sylvester

On Thursday 4<sup>th</sup> May Al Sylvester will be visiting Queensgate.

Al regularly runs workshops for school pupils of all ages. Having worked over the past four years in the education sector, he thoroughly enjoys sharing his experiences of survival in extreme cold temperatures. He describes how his team survived in tents on Antarctica for seven weeks while skiing unsupported the 600 nautical miles to the Geographic South Pole. He makes many comparisons of the extreme differences between his team and that of Sir Ernest Shackleton and Sir Robert Falcon Scott. He concludes his presentation by reliving the effects that frostbite had on him and the mental resilience he displayed to recover, to once again lead by example.

In addition, Al displays the actual gear he wore during his mammoth journey across Antarctica and provides the opportunity for someone to dress up as an explorer, providing some priceless photo opportunities.

Each workshop is concluded with a no holds barred question and answer session, putting Al on the spot to any lateral question that the pupils may ask.

Al will be working with Year 5 regarding his South Pole presentation to fit in with their work about Shackleton and Year 6 with his Himalayan presentation. Both sessions will include motivational speaking, dressing up and question and answer sessions.

#### **Royal Themed Mufti Day**

On Friday 5<sup>th</sup> May the children are welcome to come to school in royal themed mufti. This may involve dressing as a King or a Queen or a Prince of a Princess. It might involve colours like red, white and blue, purple or have a Union Flag theme. It is completely up to you.

In school the children have learnt a Coronation Song. Ask them about it – they may sing it to you! We will be meeting as a school next Friday to sing the Coronation Song and our school choir will also be sharing their Coronation Song with us. There is also a picnic lunch on the field if the weather is fine.

Our school choir have been invited to St Mary's Church in Cowes for a special King's Coronation service on Sunday 7<sup>th</sup> May. They need to arrive at 5 pm and will need to be picked up at 7 pm.

Tracy Reardon, the Mayor of East Cowes, will be joining us on Tuesday 2<sup>nd</sup> May and will be giving the children a Commemorative Coronation Coin, from the Town Council.

#### Year 6 SATs Week

Here is a timetable for Year 6 SATs week.

Date	Exam
Tuesday 9 <sup>th</sup> May 2023	Spelling, Grammar and Punctuation
Wednesday 10 <sup>th</sup> May 2023	Reading
Thursday 11 <sup>th</sup> May 2023	Maths Paper 1 – Arithmetic and Maths Paper 2 - Reasoning
Friday 12 <sup>th</sup> May 2023	Maths Paper 3 - Reasoning

It is paramount that the children get a good night's sleep the night before their exams. Breakfast is provided in school at 8am. This is really good for the children. They come into school at 8am, enjoy breakfast together and have some chats and fun. I recommend this to all Year 6 pupils. It's free too!

#### **Dance Live Update - Parts:**

A letter has gone home to all children with their part written on and the days they are expected to stay after school. The groups are as follows:

Colour Monster: Ella R

Friend: Maizy G-K

Angry A: Jamie L, Jude D, Ella L, Hayley S, Logan F

Angry B: Brooke P, Evie M, Emily B, Grace W, Parinith M, McKenzie R-S

Happy A: Maya B, Toby B, Elsie M-K, Logan R, Scarlet G

Happy B: Tayla D, James D, Florence H, Georgia M

Fear A: Gracie T, Emmie T, Grace W, Elianna C

Fear B: Mirabelle N, Sadie B, Felicity H, Paloma P

Sad A: Alayna E, Emily T, Lily C, Ava M

Sad B: Rosie J, Amber J, Chloe S, Tula T

Calm: Ellie S, Evie S, Sophia P, Brooke P



#### Out & About

The **RAB** Out and About team had a fantastic morning on Tuesday, learning all about different types of transport. The children went to Ryde to spot lots of modes of transport, including catamarans, ferries, taxis, buses, followed by a ride on the electric train! The children travelled to Brading, where they listened to train stories whilst having snack and waiting for their return train. They especially enjoyed going through tunnels and under bridges. The children met the conductor who kindly showed them where the driver sits and how he drives the train using levers and buttons. They were very sensible and well behaved when changing platforms and boarding/disembarking the train.







The children in **Year 5** are learning about Space this term. On Tuesday afternoon the Out and About group visited Bonchurch to take part in the Stokey's Solar System Trail, walking along the revetment towards Ventnor. The children were all very enthusiastic, running to the next planet (information board) and taking it in turns to read facts about each planet. We compared the size of the planets, scaled down, using a variety of different sports balls. The children worked well as a team and were a credit to Queensgate, well done!





The **Year 4** Out and About children (that didn't attend the residential) had great fun playing at Appley sand park and then walked along the seafront to play at Puckpool park on Wednesday morning. They set up a cafe in the sand park and huddled up inside the shelter for hot chocolate and a snack.







On Wednesday afternoon the **6LR** Out and About team went Geocaching around Merstone old railway station and surrounding farmland. The children were able to bring their mobile phones and worked together to find different caches around the area. Using the Geocaching app, they used GPS navigation and followed 'hints' to locate the caches, recording the date and group name within each log book.







Our **Out and About Club** visited Quarr Abbey on Wednesday afternoon. The group loved seeing and feeding the pigs and piglets, including some tiny ones that were less than 2 days old.





#### Out and About next week...

Tuesday 2nd May am RSD - Train ride from Ryde Esplanade

Wear play-clothes and comfortable shoes.

Arthur, Peyton, Harry, Daniel, Amelia, Mollie, Sophie, Marley, Matteo, Naomi, George A, Neahve, Harrison and Inhara.

<u>Tuesday 2nd May pm Year 5</u> - Bonchurch Solar System trail

Please wear play-clothes, a waterproof coat and trainers.

Amber-May, Max, Lily, Rochelle, Joe, Charlie, Zoe, Maya, Jude C, Oscar, Alayna, Wynter, Elsie, Kahlel and Summer.

Wednesday 3rd May am 4MC - Bembridge Windmill

Please wear play clothes, a waterproof coat and bring wellies.

Xachary, Maizy, Bradley, Harley, Thomas, Halle, Logan, Braiden, Elanor, Emmie, Jonny, Grace W and Amy.

Wednesday 3rd May pm 6LR - Geocaching at Merstone

See letter for details about downloading the app in advance (also create a login ready) and bringing phones.

Please wear play-clothes, a waterproof coat and trainers.

Jack, Jamie, Leo, Jack, Jaydon, Rose, Chloe, Roxy, Charlie, Olivia, Alfie R, Lacey, Harry, Poppy and Katie.

# Thrive 365

# Dragonfly: Impact Education



# Did you know?

Resilience isn't something people are born with, and it's not something they're given. It's something people build - but they need to be given the tools to build it with. If a person is not given these tools in the formative years, that doesn't mean they can't learn them later

Try these tools to either build your own resilience or to help children develop their resilience. Children will need to see this modelled and they will need you to do the questioning to start with. Eventually, they will internalise your voice.

# Relationships first

Human beings are hard wired for connection. Close relationships can counter the effects of stress (which over time can lower levels of resilience).

Sharing problems can help to put things into perspective for us and allow unhelpful thinking patterns to be challenged.

It's important to see the strength in asking for help - being brave and resilient does not mean facing things alone.

# Collect tools

Create a 'collection' of useful questions to ask yourself or things to do when something feels difficult or you feel 'stuck'. For example: What would [someone you respect] do? What's worked before? How can I break the problem into smaller pieces? What are 3 simple things I could do to help myself right now?

List as many ideas as you can in 2 minutes even the daft ones, let your brain free flow creatively and see what comes out!

# **Give credit**

We often dwell on what we've not done rather than what we have. At the end of each day, make a 'done' list.

Acknowledge your strengths and give yourself credit for the effort you put into difficult things.

By working to overcome problems to achieve something you found hard, you develop a feeling of mastery. This makes you less likely to be reactive to future stress and more likely to handle future challenges.

**Our training:** www.dragonflyimpact.com/link-tree Email: info@dragonflyimpact.co.uk



#### **School Council trip**

On Wednesday 19<sup>th</sup> April, the school council visited the RSPCA. It is located at the Animal Centre, Godshill, Ventnor, PO38 3NA. RSPCA stands for the Royal Society for the Prevention of Cruelty to Animals



We went to see what the animal centre was about and understand why it is important to raise money for them. Whilst we were there, we saw cats, rabbits and ferrets. Unfortunately, we were unable to see any dogs because some were new and they needed time to settle.

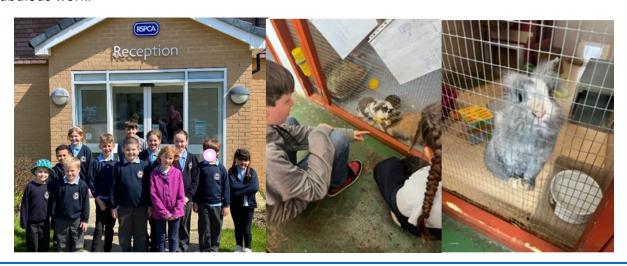
Each animal has a fact file on them. They all have a colour rating of red amber or green. A red colour may mean the animal has a higher chance of biting or scratching. Amber means they could be shy and would need a calm home environment. Green is harmless. It is important not to judge the animals on these colour ratings as they can be trained and when matched to a suitable home environment can settle very well.

It was really interesting to hear that the animals listen to music. Did you know that cats and dogs like classical musical and rabbits and guinea pigs like pop music?

You are able to volunteer at the RSPCA when you are 16. You can only work with cats, guinea pigs and rabbits. At 18 you can work there and throughout your career you will have the opportunity to work with all of the animals.

The staff and volunteers at the RSPCA look after the animals but they need money to buy food and supplies. They told us that the most expensive thing is cat litter. When an animal is adopted their new owner makes a small contribution but this does not cover the cost for caring for the animals.

It is really important to help to raise money for this amazing charity so they can continue their fabulous work.



# Animal Themed Mufti Day Friday 26<sup>th</sup> May 2023



Following our visit to the RSPCA, the school council are organising an animal themed mufti day to fundraise for our local rescue centre.

Please send your child to school in animal themed mufti with a donation of at least 50p for the Isle of Wight RSPCA.

The school council suggest you could dress up as an animal, wear animal print clothes or even wear clothes that have pictures of animals on.



# What's for dinner next week?



You should have returned your form to book this lunch already.

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)

Mor	ıday	Tuesday	Wednesday	Thursday	Friday
BANK H	OLIDAY	Butter Chicken Curry Served with Two Vegetables and Wholegrain Rice	Roast Pork Served with Roast Potatoes, Two Vegetables and Gravy	Breaded Fish Fingers Served with Chips and Two Vegetables	Royal Coronation Menu (see below)
		Tomato Vegetable Burger Served with Wedges and Two vegetables	Cheesey Ploughman's Picnic Plate Served with Bread	Vegetarian Dippers Served with Chips and Two Vegetables	
		Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	
,		Shortbread	Chocolate Brownie with Fruit	Pineapple Upside Down Cake	



#### **Our Friend Lucia Para!**

Lucia did some work experience with us in Reception last year, and still volunteers when she can in Reception (especially on Patch days!) Lucia is an amazing artist and she has now illustrated some story books. Below is some detail on the book and some photos of her illustrations.

Storyquests are projects funded by the Arts Council through the National Literacy Trust, and aim to help families engage with their local environment, in a way that is friendly to their little ones. This one is part of three stories dedicated to our Biosphere.

"A Trail with two...tails- Shrewbert and Iris & Iris and Shrewbert" is a 28 page children's book that explores Sandown Bay and the creatures that live in it, and it will be free to pick up from Sandown Library from the 24th June (date of the official launch).

Children will find the most interesting story of two unlikely and funny friends and follow them while they look for each other for a day out, ending up on Science Beach, while meeting so many interesting creatures and making discoveries on their way!

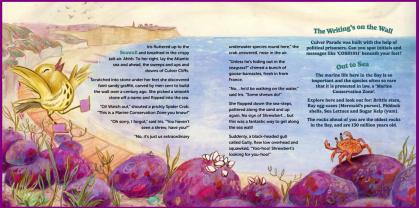
Activities in nature and interesting words, ways to listen and learn are all surrounded by the most colourful images by Lucia.

A shrew never visits the sea, and a rock pipit never goes inland... so this friendship is a reminder to try new things to discover all the wonders they can bring!

Keep an eye on the interesting colour and how they mix at the end...as sea and land do on our wonderful Island!









#### **Skipping Week**

As part of this week's skipping week, all children were challenged on Monday to do some skipping through the week. Another part of the challenge was to see if we could have all of KS2 skipping together as a group on Thursday. The children rose to the challenge: some children skipped with individual ropes, some without ropes, some children did pair skipping and some were skipping in groups on a long rope. To help get the children moving, we even had the boombox and DJ Roxy providing some background music. All children participated really well and it was great to see the whole keystage involved in a joint activity. Reception did their own challenge, counting their skips and recording this on a chalk board.















### **Attendance**

Whole School Attendance since September is 93.89%

Whole School Attendance this week is 94.14%

KS1 Class with best attendance this week is RAB with 94.14%

KS2 Class with best attendance this week is 3AH with 98.15%

It's a four day week next week, let's see how many 100% we can get!





#### **Netball Finals**

On Tuesdays
25<sup>th</sup> April, the Year 6
Netball team
travelled to Cowes
Enterprise College
to take part in the
Stingers Netball
Finals. We played
our hardest against



six other schools from across the Island to make Queensgate proud. We finished the finals in joint 6<sup>th</sup> place and after working out goal difference, came 7<sup>th</sup> overall.

We were up against some really tough teams, but we did not let this stop us fighting until the very end.

#### And finally...

Have a wonderful bank holiday weekend. Remember to chat, read and play together and we look forward to seeing all the children again on Tuesday 2nd May.

Best wishes,

Samantha Sillito

Headteacher

# THE OFFICIAL EAST COWES CORONATION CELEBRATIONS

# THE BIG LUNCH



12PM - LATE SUNDAY 7TH MAY JUBILEE RECREATION GROUND

LIVE SCREENING OF THE WINDSOR CASTLE MUSIC CONCERT

MUSIC, EVENTS ARENA & ENTERTAINMENT, STALLS, FANCY DRESS COMPETITION, DRINKS VANS, DOG SHOW, EMERGENCY SERVICES AND MUCH MORE





# ADULT LEARNING

Summer 2023

All classes take place at The Learning Centre, Westridge, Ryde, PO33 1QS. \*Concessionary rates are offered to learners who are in receipt of specific means tested benefits.

City





#### MULTIPLY

Does the thought of needing to do maths at work or at home make you anxious? Are you interested in **free** flexible courses to help improve your numeracy skills? Multiply is a new government-funded programme offering you free and easy-to-access courses and initiatives to help you brush up on your numeracy skills. Take your next step today and find courses and support to help.

For more information on Multiply courses being offered on the Island and to see if you qualify, please visit: www.iow.gov.uk/multiply



#### FREE ONLINE COURSES

A wide range of short courses are on offer through the Equal Learning Platform. New modules include:

Keeping Young People Safe Online, Stalking and Harassment Awareness, Suicide Awareness and Prevention, Menopause Awareness, Knife Crime Awareness and Understanding the Power of the Influencer.

For more details, please contact acl@iow.gov.uk

All classes are for adults (19+ years old)

For more information and to book your place please get in touch.

C 01983 817280

acl@iow.gov.uk

f IWCACL

#### ICT

#### **Computers for Beginners**

6 week course > Thursday 20 April to 25 May > 9.30am to 12.30pm > Free

#### Computers for Beginners

6 week course » Monday 5 June to 10 July » 1pm to 4pm » Free

### Essential Digital Skills For Life Level Entry 3

12 week course > Thursday 20 April to 13 July > 1pm to 3.30pm > Free

#### Essential Digital Skills For Work Level 1

12 week course » Tuesday 18 April to 11 July » 1pm to 3.30pm » Free

## ICDL Spreadsheets Level 1 and 2

6 week course > Tuesday 18 April to 23 May > 9.30am to 12.30pm > Free

#### ICDL Word Processing Level 1 and 2

6 week course > Monday 5 June to 10 July > 9.30am to 12.30pm > Free



### ICT (CONTINUED)

#### ICDL Presentation Level 1 and 2

6 week course > Thursday 8 June to 13 July > 9.30am to 12.30pm > Free

#### Safety Online

Workshop » Sunday 30 April » 10am to 12pm » £10/£5\*

#### Chrome Books

Workshop » Sunday 21 May » 10am to 12pm » £10/£5\*

#### Video Calling

Workshop » Sunday 25 June » 10am to 12pm » £10/£5\*

#### ART

#### **How to Paint Better**

4 week course > Wednesday 3 to 24 May > 10am to 12.30pm > £55/£32\*

#### **Digital Art for Beginners**

2 week course > Monday 15 to 22 May > 10am to 1pm > £35/£22\*

## Painting in the Style of Folk/Barge Art

2 week course > Wednesday 7 to 14 June >
10am to 1pm > £40/£25\*

#### Drawing Still Life

Workshop » Tuesday 13 June » 10am to 3pm » £35/£22\*

### Drawing with Charcoal and Chalk

Workshop » Wednesday 28 June » 10am to 3pm » £35/£22\*

#### Painting with Melted Wax

3 week course > Monday 3 to 17 July >
6pm to 8pm > £40/£25\*

#### CKAFT

#### Willow Woven Wall Sculpture

2 day course » Saturday 29 April and Sunday 30 April » 10am to 3pm » £60/£35\*

#### Patchwork Landscape Picture

3 week course > Friday 12 to 26 May >
10am to 12pm > £40/£25\*

#### Nature Inspired Mosaic Picture

2 day course » Saturday 3 June and Sunday 4 June » 10am to 4pm » £70/£40\*

#### Personalised Clay Plant Pot

2 day course » Saturday 10 June and Sunday 11 June » 10am to 1.30pm » £45/£28\*

#### Punch Needle Embroidery

3 week course > Monday 12 to 26 June >
6pm to 9pm > £60/£35\*

#### Sachiko Clutch Bag

3 week course > Sunday 2 to 16 July >
10am to 1pm > £55/£32\*

#### Upcycling with Wallpaper

2 week course » Wednesday 5 to 12 July » 6pm to 8.30pm » £38/£25\*

#### Wire and Silk Suncatchers

3 week course > Thursday 6 to 20 July > 10am to 1.30pm > £65/£38\*

For more information and to book your place please get in touch.

01983 817280

acl@iow.gov.uk

f IWCACL

## HEALTH, WELLBEING AND LANGUAGE

#### Conversational Holiday French

4 week course > Wednesday 3 to 24 May >
6.30pm to 8pm > £35/£22\*

#### Reflexology - Hand Massage

Workshop » Sunday 28 May » 10am to 1pm » £15/£8"

#### CAREERS APPOINTMENTS

Do you need impartial information, advice and guidance to enable you to realise your potential, so that you can confidently take the next step into learning or employment?

If your answer is **yes**, call us to book a **free** face to face or telephone appointment with our careers advisor Claire, who can tailor it around your needs, whatever they may be.

For more details, please contact acl@iow.gov.uk

# WORKSHOP MORNING

Workshop » Sunday 14 May » 10.30am to 12.30pm

#### Air Dried Clay Roses

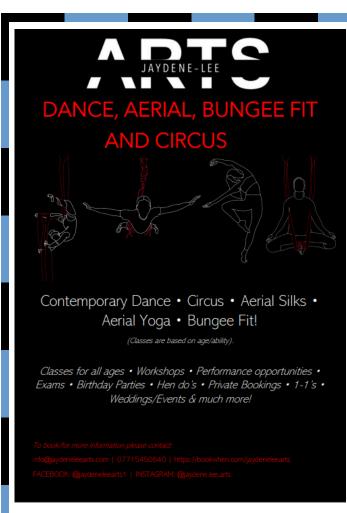
Learn how to mould and form clay into rose petals, to create decorative roses.

#### Feng Shui

Understand the basic principles of Feng Shui and use the five elements to enhance a space.

#### Wire Button Tree Sculpture

Create a small-scale twisted garden wire sculptured tree, embellished with buttons, beads and ribbons.













View the winners of the recycling materials competition Created by Island children

### Recycle, Reuse, Revamp, REFILL

We have some great ideas

#### The REFILL STATION will be there

Bring your empty bottles to fill with eco friendly.....
washing up liquid, laundry liquid, fabric conditioner,
multipurpose cleaner, sanitiser, hand wash,
shampoo, conditioner and shower gel.
At competitive prices

Creative ideas by Ali's Bloomin Bottles

Be a Transport Greenie—Catch the bus (no3), car-share, cycle, park and stride/walk from Shide or Merstone (small carpark)

ww.naturezones.org.uk



# Fully-funded Wellbeing Community Event

# Mastering Anxiety

Open to the public for all adults over 18 who are interested in gaining new lifelong skills to improve their own mental health and wellbeing.

For more information please contact Isorropia on 01983 217791 or email hello@isorropia.uk

#### WHERE?

# **Medina Valley Centre**

Dodnor lane, Newport, IOW PO30 5TE

#### WHEN?

Wednesday 3rd May 2023 18:00- 20:00pm

