

# Cross the River

## Home Physical Education

Can you work out a method for successfully crossing the river

### How to play:

- Agree a start point (one side of a big river) and a finish point (the opposite side of the river).
- Using two objects (cushions, pillows, or other flat objects) can you cross the river without touching the floor?
- You are only allowed two objects to cross the river with.
- Can you complete the challenge and cross the river with out touching the floor!



If you fall in, can you keep trying to cross successfully?

### Top Tips

#### Place the Pillows

Place the pillows down on the floor. If you throw them you may over stretch and fall in.

### Let's Reflect

What was the best method for crossing the river?

How did you feel when you crossed successfully?