



Where can you get help if you are using unsafe behaviours within your relationship?

Domestic Abuse is never acceptable

The Hampton Trust want to ensure everyone feels safe

We know that Covid -19 will have a serious impact on the lives of many families as they are forced to self-isolate in homes where they do not feel safe

Could your family be fearful of your behaviour?

Are you concerned you are being abusive to your partner and your children are witnessing this?

The Hampton Trust have developed an enhanced service during the coronavirus pandemic to offer support and guidance associated with long periods of lockdown. This is an opportunity to reflect on your behaviour within the home and to learn practical tools to ensure your actions are not placing your family at risk. Our services can be accessed via telephone, FaceTime, video link, email or text and you will be able to arrange contact at a time that suits you.

We will also offer support to your partner separately to ensure safety is paramount during these unprecedented times

You can contact us through our website

www.hamptontrust.org.uk

The Hampton Trust

02380 009898

Or the Hampshire Domestic Abuse Service

0330 016 5112

Our service on the Isle Of Wight

0800 234 6266

