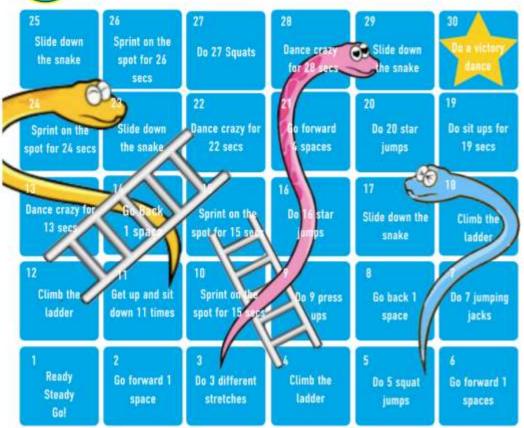


HAMPSHIRE SCHOOL GAMES: Snakes and Ladders Warm-Up Game



Name: Year Group: School:



This week's warm-up game is Snakes and Ladders! You can play by yourself or with your family.

Choose a piece of equipment to represent your character, then take turns in rolling the dice and move your piece the correct number of squares.

Every time you land on a square you will need to complete that activity before the next person can take their turn.

Keep playing for 20 minutes to warm up properly, even if you end up winning!

Don't forget to climb ladders if you land on them, or slide down snakes if they catch you.

Once finished you will be nice and warm to start your Daily Challenge Good Luck and have fun!