

Week 3 PSHE

PSHE

This half term our theme is 'Changes.'

This is very appropriate for us at the moment because we are all going through changes.

Task 1

To draw an image of yourself and write around your picture/ image all of the changes that have happened to you during lock down. Such as, no school for some of you, a different school day for others, not being able to go to places etc

Task 2

When you have a collection of thoughts around your picture/image I would like you to write the vocabulary that describes the feelings that you felt during this change eg: no school- happy because we had a different routine- sad because I missed my friends.....

Task 3

To think about all of the things you have achieved during this time.

For example: Mrs Adams has read more books, listened to all the birds around because she had time to stop and listen. She is improving her use on technology (I know it is hard to believe year 5)