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Queensgate Foundation Primary School

Friday 24th February 2023

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Are You Ready For World Book Day?

Dear Families,

Are you ready for World Book Day?

On Thursday 2nd March it is World Book Day. This is an opportunity for your child to dress up as their favourite book character. Miss Hunter will be leading a whole school assembly and the children will be able to parade around the playground to show off their costumes to each other. The children will be receiving a book voucher on that day too. Check out this website <https://www.worldbookday.com/2022/09/world-book-day-2023-announcements/>

There will be prizes for the best costumes.

Year 1 Visit Amazon World



First we saw a flamingo, the flamingo was pink. Next we saw some meercats, two of them were on a rock. Then we saw some wallabies, they were light brown. Finally, we went inside and saw a snake. The snake was long. I also saw three parrots there were two green ones and one was red, blue and green.

By Sophie B 1SG



First we went on the coach all the way to Amazon World. Then we had a talk about Paul the python and JoJo the Parrot. Then we went to the soft play. After that we had lunch. Then we saw lots of animals and Mingo the Flamingo showed us his special dance. I liked it when we saw the wallabies.

By Lacey L 1SG

Breakfast Club

Breakfast Club opens at 8 am. Please make sure the children are not left unattended until 7:55 am. This is to ensure their safety both in terms of a fire or vulnerability.



Walk the Wight Assemblies

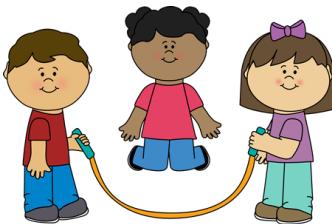
Next week we will be having an outside speaker in for our assemblies from Mountbatten and the theme will be Walk the Wight and the work of the hospice.

Parents and Carers Evenings

Our job is to provide a good education for the children and part of this role is about raising attainment so the children perform the very best that they can in tests and assessments. We know that this is most effective when carried out in partnership with you. It was really pleasing to have 75% attendance. If you are part of the 25% who have not come to hear how your child is getting on please get in touch with your child's teacher. Please note there is only one appointment per child.

Skipping Workshops

Next week we are running skipping workshops – a brilliant way to keep fit and great fun too. Through the skipping workshops we encourage the children to try something new and to challenge themselves. Great skills that can be transferred across the curriculum and life in general.



On Tuesday 28th February the following classes need to come to school in their PE kit with trainers on: RAB, 1CE, 1SG, 2KG, 2KA, 5TS and 5RA.

On Wednesday 1st March the following classes need to come to school in their PE kit with trainers on: RSD, 3PT, 3AH, 4MC, 4BM, 6TM and 6LR.

PTFA Meeting

The next PTFA meeting is on Tuesday 28th February at 2 pm. Please come and join in if you can.

Potential Strike Action

The National Education Union have called for strike action on Thursday 2nd March. This is about school funding and pay. At this time, I am anticipating that we will be open and all classes will be covered as usual.

Staffing Update

I am pleased to announce that we have appointed Mrs Lisa Muncaster, who has been with us on supply, permanently to teach 1SG on a Wednesday, Thursday and Friday. Miss Stone will be teaching on a Monday, Tuesday and Wednesday. Both Miss Stone and Mrs Muncaster will be teaching on a Wednesday. This joint day will ensure a smooth handover and a seamless learning journey for the children.

We are currently advertising for a Reception teacher to cover Mrs Barnet when she goes on maternity leave. I will let you know when we have appointed someone.



Wear What You Love Day and Rainbow Raffle

Huge thanks to you all for the rainbow coloured items that you sent in for the raffle. We can always rely on you to support the school and we really appreciate this. Thank you.



Dance Live Update:

This week a team of KS2 children have been selected to be the leadership team who will help to choreograph our performance starting next week. I have also met with some performing arts students from the Isle of Wight College that have volunteered their time to work with the team. A big thank you to the college for their help!



The theme has also been selected this week. Our performance will be based on the book "The Colour Monster" by Anna Llenas and focus on children's emotions, wellbeing and mental health. Children will all portray different groups of emotions through the music, dance and costumes. This was inspired by suggestions from Amy Turner in Year 4 and Lily Clarke in Year 3. Thank you all so much for the wonderful suggestions.

A letter will be sent home towards the end of term to ask if children would like to participate and what they would like to do. Any questions please email 4MC@Queensgateprimary.co.uk.

Miss Croutear

INSET Days

There are two INSET days left this academic year. The first is straight after the Easter holiday on Monday 17th April. The second is Monday 19th June which is the Monday following the festival.

PTFA News and Events



Queensgate PTFA present;



Wonderful Woman Shop

A shop for children to purchase a special gift for loved ones

Friday 17th March during the school day

Gifts via pre paid voucher for:

50p
£1.50
£2.50
£3.50



Permission and payment return slip coming home soon



January 9 th Fun-raisin challenge. 28 th Indoor Market	February 10 th Wear what you Love mufti (Rainbow Raffle donation)	March 17 th Wonderful Women Shop 31 st Sponsored Bunny hop & Rainbow Raffle
April	May 5 th Kings coronation Best dressed mufti £1 Provide crowns	June 16 th Mighty Men Shop 24 th Summer Fair
July 20 th Leavers Disco	August 	September Welcome back Class gift pack

VICTORIA TAVERN
QUIZ NIGHT
Tease Your Brain & Win Cash Prize

Monday 27 February
 at Victoria Tavern, East Cowes
 Game starts at: 07:00pm
 To book a table: 01983 296138

£2 per person - maximum teams of 6 people

Raising funds for Queensgate Primary School PTFA
 We will also have a raffle with prizes including a Tapnell Farm Pass

QUEENSGATE FOUNDATION PRIMARY SCHOOL PTFA

Above is a useful calendar of upcoming events - nearer to the time more details will be given in this newsletter and on ClassList.

The wonderful woman slips went out this week and need to be returned on Monday 28th February.

My continued thanks to all those involved with the PTFA and for all parents who get involved and raise extra money for the school - it is very much appreciated.

Benji Blog

Benji enjoyed helping 6LR with their computing work. All the children did really well to be fully engaged in their learning, even if Benji looks a little bored!



From the Isle of Wight NHS Trust

We are offering the following Children's COVID Vaccination Clinics for Years 5-11 and Years 12-15. Appointments must be booked in advance using the National Booking Service, we are unable to offer walk-ins.

Please note that these will take place in the **Children's Outpatients Department, North Hospital, St Mary's** and NOT the Hospital Vaccine Hub. Accessible parking is available in the North Car Park.

For information about eligibility and how to book your Child's vaccination, please use the online link below, you will need your child's NHS number:

<https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

All vaccines offered will be the Pfizer (Comirnaty 10) for 5-11 years or Pfizer (Comirnaty 30) for 12-15 years.

Child Vaccine Doses Offered:

For children 5-11 years - 1st dose and 2nd dose only.

For children 12-15 years - 1st dose and 2nd dose.

A 3rd dose is offered if your child is at high risk because of a health condition or because of a weakened immune system, or

living with someone who has a weakened immune system.

Children's Clinics in February:

Monday 27 February 2023, 08:00 – 11:00

Children's Clinics in March:

Thursday 09 March 2023, 08:00 – 11:00

Thursday 30 March 2023, 08:00 – 11:00

For any other information regarding Children's vaccination clinics, please email the Hospital Vaccine Hub Team: iownt.vaccine-hub@nhs.net

Attendance

Whole School Attendance since September is 94.01%

Whole School Attendance this week is 97.12%

KS1 Classes with best attendance this week are RSD & 2KA with 100%

KS2 Class with best attendance this week is 4MC with 100%

It is absolutely brilliant to see three classes who have achieved 100% this last week - well done everyone!



What's for dinner next week?

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)



Monday	Tuesday	Wednesday	Thursday	Friday
Pesto Pasta Bake Served with Two Vegetables	Chinese Chicken Noodles Served with Two Vegetables	Roast Pork Served with Roast Potatoes, Two Vegetables and Gravy	Beef Bolognese Served with Wholemeal Pasta and Two Vegetables	Fish Fingers Served with Chips
Vegetable Chilli Served with Wholegrain Rice	Vegetable Korma Served with Wholemeal Rice	Vegetable Pastry Roll Served with Roast Potatoes, Two Vegetables and Gravy	Vegetarian Cottage Pie Served with Two Vegetables and Gravy	Tomato Veggie Burger Served with Chips
Jacket Potato and Tomato Pasta	Jacket Potato and Tomato Pasta	Jacket Potato and Tomato Pasta	Jacket Potato and Tomato Pasta	Jacket Potato and Tomato Pasta
Fruity Flapjack Bar	Strawberry Ice Cream	Jelly with Fruit Slices	Chocolate Shortbread	Crispy Crackle Bar

Please note that dinners now cost £2.61 per day.

Out & About

On Tuesday morning the RAB Out and About team visited Ventnor Botanical Garden to look for signs of Spring. The children talked about the four seasons and we discussed the signs, celebrations and weather within each. The children explored the grounds and were able to spot camellias, magnolias, daffodils and primroses in flower. We could see some flowers and plants in bud and some just beginning to open. They had fun playing in the park together and listening to the story *Hello Spring* by Jo Lindley.



This half term the children in Year 1 will be learning about animals. 1SG went to the Isle of Wight Deer Farm on Wednesday morning to have a tour of the farm and learn more about deer. The children found out that deer are ruminants, which means they have four stomachs to help them digest grass. They also learnt that deer have hooves and walk on two toes. The Deer Farm is home to three different breeds of deer; Wapiti, Red and Fallow deer. The children were fortunate to see the deer grazing in the fields and were also able to handle antlers from the Red and Fallow deer.



Super swimming from our Year 3 and Year 5 children this week. They are showing great perseverance, working extremely hard each week to improve and develop their swimming skills.

This week our swimming awards go to; Year 3: Ashton, Tayla, Dylan, Kyle, Scarlett and Ben.

Year 5: Amber-May, Oscar, Amber J, Freddie, Oliver M, Farrah-Mai, Jack Mc, Olivia, Mckenzie, Chyna and Keira

Out and About next week...

Please send your child to school in warm play clothes (lots of layers if it's cold!) with a waterproof / warm coat, hat, scarf and gloves and wellies in a named bag.

Tuesday 28th February - RAB

Ventnor Botanical Garden

Jacob, Daenerys, Titan, George, Jaxson, Vienna, Declan, Isabelle, Holly, Jake, Poppy, Nathan and Sully.

Wednesday 1st March - 1CE

Nettlecombe Farm

*Children must wear wellies on the farm.

Lacey, Lorenzo, Lexi, Seb, Pippa, Brody, Eli, Charlie, Paisley, Ella-Rose, Clara, AJ, Kendall and Henry H.

Year 3 and Year 5 Swimming Lessons (7 of 10) Please ensure your child has a swimming costume/ swim shorts, towel and goggles in a named bag. The coach and minibus will get back to school approximately 3.15pm depending on traffic, thank you in advance for your understanding.

QUEENSGATE SPORT ROUNDUP



On Thursday, the Year 6 girls travelled to Gurnard for their quarter finals match. The team were nervous going into the game, but after a quick warm up and team talk, the girls were ready for the game. The first half began and Gurnard started strongly. The girls had to take on some immense pressure from Gurnard's attack in the first 10 minutes and despite defending well, the girls conceded three goals in quick succession. That was the end of the first half and the girls grouped together for a team talk. We discussed keeping our positions better and to be sharper in winning the ball. The girls were deflated going into the second half 3-0 down, however showed great character to get back out there for the second half. The second half got underway and within minutes, they started to push Gurnard back into their own half. The second half was very competitive, with both teams managing to score two goals each. Unfortunately for Queensgate, that was the end of the game with the score finishing 5-2 to Gurnard.



The girls were disheartened after the game, but they should all be very proud of themselves. Gurnard were a very strong team and they gave them a tough game, fighting until the very end. Not only that, but throughout this year they have improved massively as a team and as individuals. This was sadly their last game of the season; however, I hope that they all continue playing football going into high school as they all have great potential to achieve in this sport. Well done girls!

ELSA Support's 30 WAYS TO EXPRESS YOURSELF

www.elsa-support.co.uk

1 What makes you feel happy? Draw anything at all that expresses your happiness.	Create a collage of calm by cutting out pictures that are calming for you. Stick them to a piece of card and hang up in your room	3 Draw a large heart on a piece of paper and fill it with colour to represent how you are feeling right now	If you could choose an animal to turn into for one day. Which animal would you choose and why. Draw it	5 What is on your mind right now? Draw a huge speech bubble and fill it with drawings	6 Where do you feel the safest? Draw your safe place. It can be anywhere at all where you feel calm and relaxed
7 Draw a picture with your eyes closed. How does it feel to be free to draw anything from your imagination	8 Draw yourself as a superhero. What is your superpower? How does it feel being a superhero?	9 What scares you? Draw your biggest fear!	10 Draw some important memories for you!	11 What does your anger look like? Draw your anger	12 Draw something you are thankful for today
13 Draw around one of your hands and then decorate each finger with something you are good at	14 Draw a comic strip of a fun time that you have had. Who was there? What did you do?	15 Close your eyes and scribble on a piece of paper. Really enjoy feeling the freedom of just scribbling	16 Can you draw something just with the letters of your name today?	17 Draw a gift you would give to someone very special to you	18 What do your worries look like? Are they monsters or something else? Draw your worries today and talk to someone about them
19 Make some patterns today and then colour them all in to make a beautiful piece of art	20 Create some bunting for a celebration. What might you be celebrating today? It can be anything at all!	21 Create your own character for the emotion of happiness. What might it look like? Draw it!	22 Draw your favourite time of year. Is it your birthday? Christmas? Winter? Summer? You choose!	23 What do you dream about? Draw one of your dreams	24 Listen to some music at the same time as drawing. What is in your mind when listening to the music.
25 Smiling challenge. Draw a HUGE smiling face then write down all the reasons that make you smile or laugh	26 Draw a self portrait of you. Use a mirror to take in all the details of your beautiful face	27 Draw something in nature today. It could be an animal, bird, insect, flower or leaf. Anything that you choose	28 Draw a picture of someone you admire. Why do you admire them?	29 Draw a shape and make it into a character. Is your character happy, sad, angry, scared or something else?	30 Draw a picture of you being brave

Low mood

Are you feeling low? Are you feeling sad?

Everyone feels sad sometimes and that is normal. Feelings should come and go. However if you are feeling low or sad and it lasts for longer and it starts to affect your every day life, then try some self help tips and seek help if these don't work.

- Talk to someone about your sadness. Sometimes it can be helpful just to talk about it with someone who cares about you.
- Challenge any unhelpful thoughts. Give yourself a talking to! Tell yourself that thoughts are not facts!
- Make sure you take care of your wellbeing. Set a bedtime routine and get enough sleep.
- Eat healthy food that you enjoy.
- Increase your physical activity. Make sure you exercise every day! It might be hard to do but you can do it!
- Get into a habit of looking for the positives in every day. Each night ask yourself 'What are three good things that happened today?' (It can be the tiniest thing)
- Try helping others. It is surprising how when you focus on helping someone else it actually improves your mood.
- Take time out of your day for relaxation. Do something you enjoy.
- Spend time outside in nature.
- Keep a mood diary and jot down your feelings and why you feel that way.
- Make a sadness kit and put things into it that increase your happiness or give you comfort.

www.elsa-support.co.uk

Mental Health

How to raise self-esteem

There are so many ways to raise your child's self-esteem. Try some of the following ideas and notice the difference in your child

- Focus on the positives. What does your child do well? Explore strengths and talents.
- Give them specific but positive feedback. Be generous with how you praise them.
- Encourage them to talk about how they are feeling. All feelings are ok!
- Create a sense of belonging. You belong to this family. We can do anything together.
- Mistakes are ok and are a part of learning. Embrace mistakes.
- Give them responsibilities within the home such as feeding the pet.
- Encourage good friendships.
- Celebrate achievements, no matter how small. Help them to feel proud.
- Help them make a list of all the things they CAN do.
- Encourage them to HELP others. It really feels good to help others.
- Set goals that are achievable so they can feel success and understand the work needed to get there.
- Teach them to be grateful and find things each day they are grateful for.

www.elsa-support.co.uk

Wellbeing

Working together for a successful future

Baden Powell

Many children who belong to the scouting movement, in all of its guises, came to school dressed in their uniforms on Wednesday 22nd February to celebrate what would have been the birthday of the movements founder Lord Baden-Powell.

Well done to everyone that made the effort you all looked very smart and were obviously very proud to wear your uniforms.



Coco La pomme

Bonjour!



Je m'appelle Coco et je suis une pomme.



Merci! (mercee!)

De rien.

You're welcome
(informal)

Je vous en prie.

You're welcome
(formal)

And Finally...

Have a lovely weekend, it looks like a cold one so wrap up warm when you go outside. As always remember to chat, read and play with your children!

Best wishes,

Samantha Sillito
Headteacher

Diary Dates for the Next Term

Date	Events
Monday 27th February	Walk the Wight Assembly
Tuesday 28th February	Skipping Workshops (RAB, 1CE, 1SG, 2KG, 2KA, 5TS and 5RA) Year 3 Swimming (7 of 10) Year 4 Boys football away to the Bay
Wednesday 1st March	Skipping Workshops (RSD, 3PT, 3AH, 4MC, 4BM, 6TM and 6LR)
Thursday 2nd March	World Book Day Year 5 Swimming (7 of 10) 2 – 4 Girls Hockey 7-a-side @ Smallbrooke, Ryde
Monday 6th March	1 – 4 Yr 3 / 4 & Yr 5/6 6-a-side girls football festival @ Cowes EC 2.15 School Council Meeting
Tuesday 7th March	Year 3 Swimming (8 of 10) Yr 3 Boys football home to Hunnyhill
Thursday 8th March	Year 5 Swimming (8 of 10)
Tuesday 14th March	Year 3 Swimming (9 of 10)
Wednesday 15th March	Potential Strike Day (2) Year 5 Swimming (9 of 10)
Thursday 16th March	Potential Strike Day (3)
Friday 17th March	PTFA Wonderful Woman Shop
Tuesday 21st March	Year 6 Grammar, Punctuation & Spelling SATS MOCK Year 3 Swimming (10 of 10)
Wednesday 22nd March	Year 6 Reading SATS MOCK Year 5 Swimming (10 of 10)
Thursday 23rd March	Year 6 Maths MOCK paper 1 (arithmetic) & Paper 2 (Reasoning)
Friday 24th March	Year 6 Maths MOCK Paper 3 (Reasoning) 2pm – 4pm Handball tournament @ Smallbrooke, Ryde 7-a-side
Tuesday 28th March	Sports 4 Champions visit in
Friday 31st March	PTFA Sponsored Bunny Hop Last day of term
Monday 3rd April to Friday 14th April	Easter Holidays
Monday 17th April	Children return to school for Summer Term

Nature Nippers

Discover the world of little
creatures in a natural environment
Activities exploring nature

Pre-school children with parent/carer



Tuesday 10 am–12pm
At Naturezones, Blackwater

Cost £5 for parent + 1 child.
Up to 2 more children £1/child
Must book: www.naturezones.org.uk

GIRLS ONLY FOOTBALL



INTRODUCING OUR SANDOWN SOCCER GIRLS ONLY FOOTBALL SESSION!

OUR FUN SESSION WILL BE:

WHEN: Every Wednesday. 5pm to 6pm

WHERE: The Bay CE Primary School, Sandown

COST: £4 for the 1 hour session

To Book: Text your child's name, school, year group and parent name
to 07594 389531

